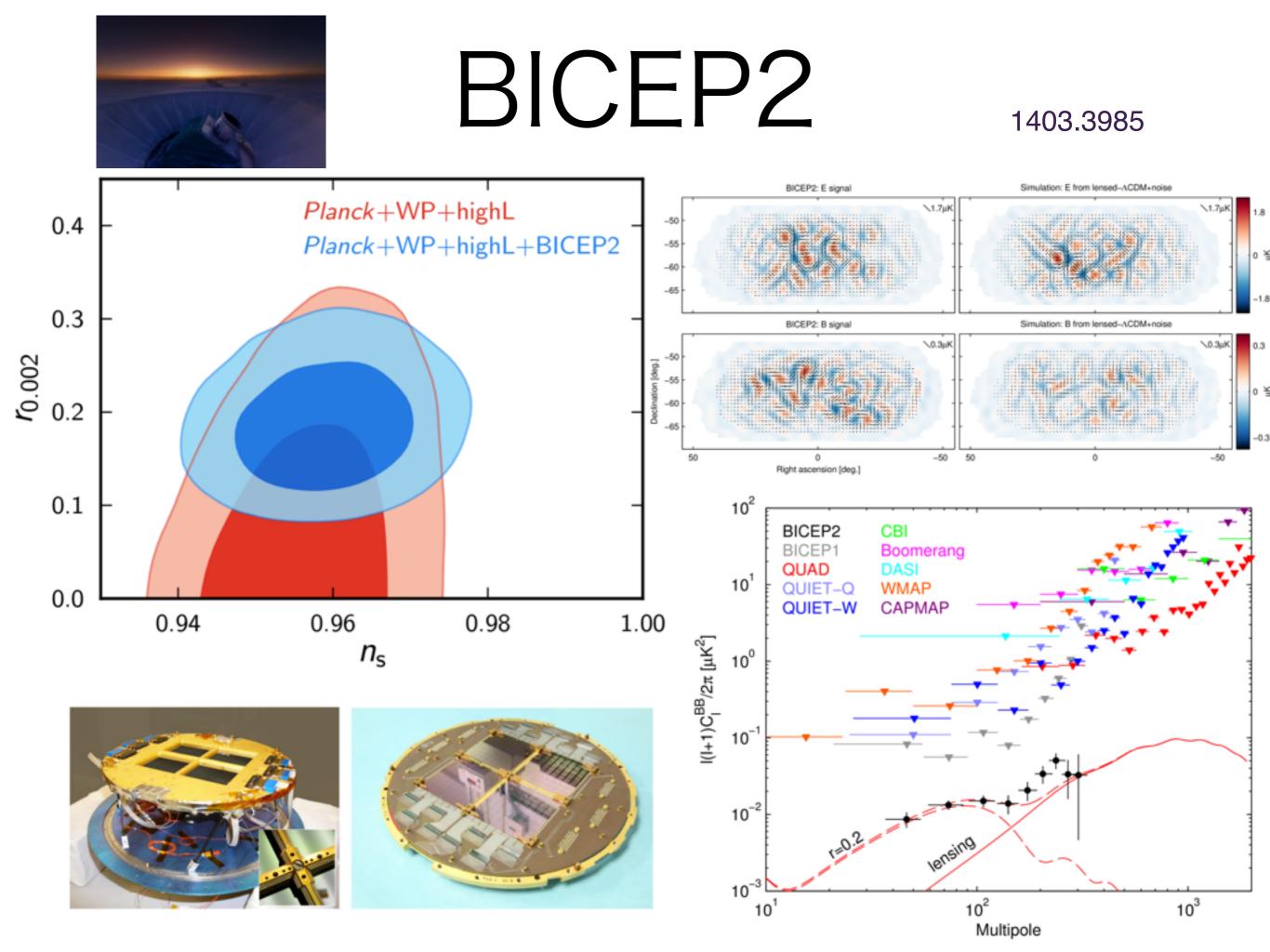


# Implications of BICEP2 for Cosmology and Particle Physics

16th April 2014 @ICEPP

#### Fuminobu Takahashi (Tohoku)

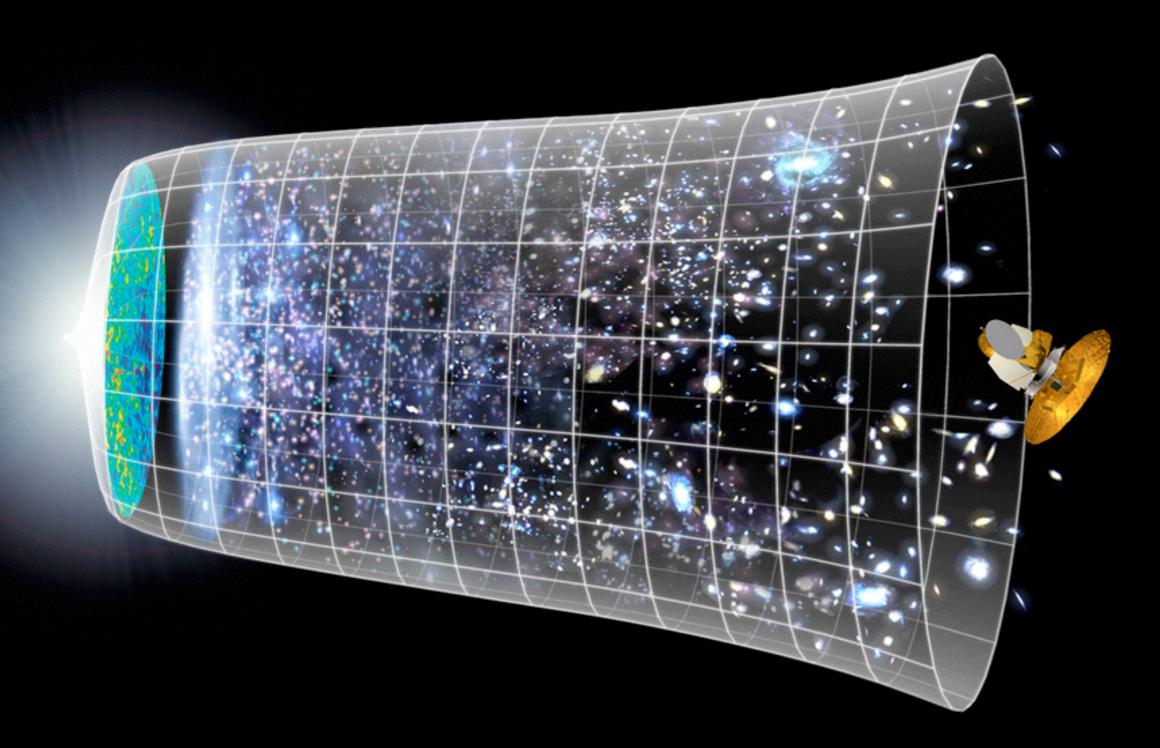
[Caveat: I assume BICEP2 is basically correct.]



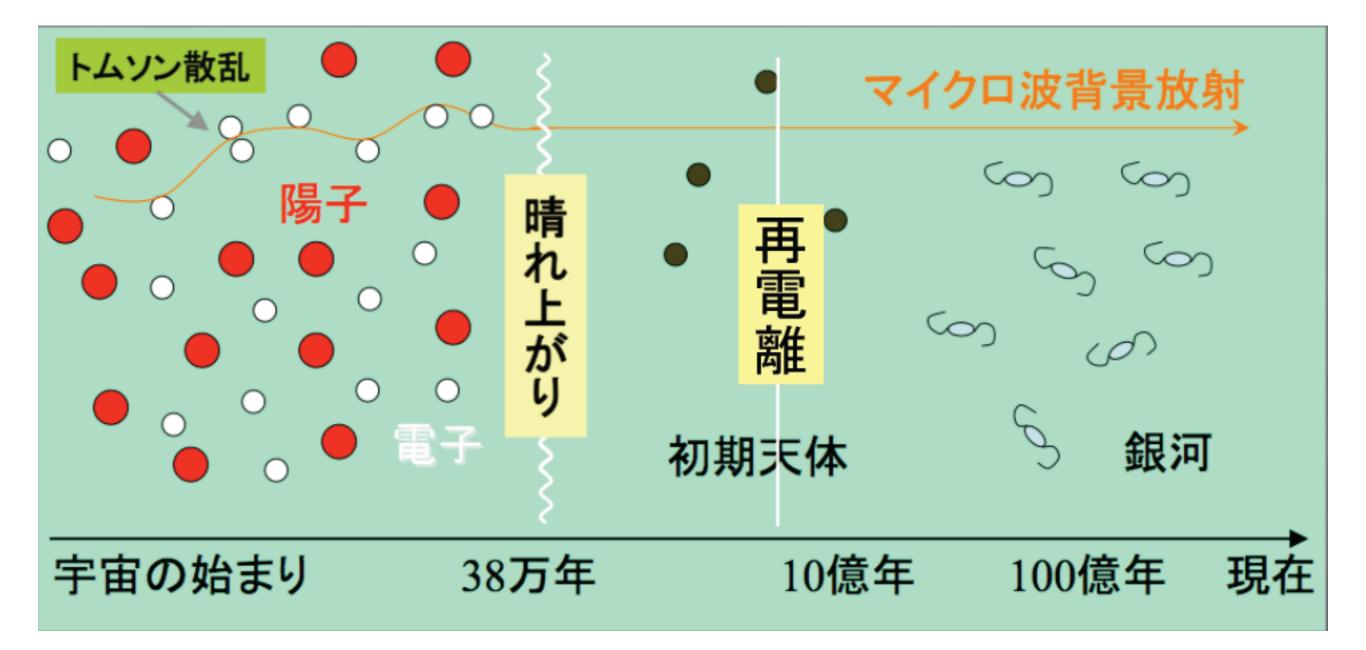
# Talk Plan

- What did BICEP2 find? What is B-mode? How can we explain it?
- 2. Inflation does the job!
- 3. Implications of BICEP2
  - 1. For particle physics
  - 2. For cosmology
- 4. Conclusions

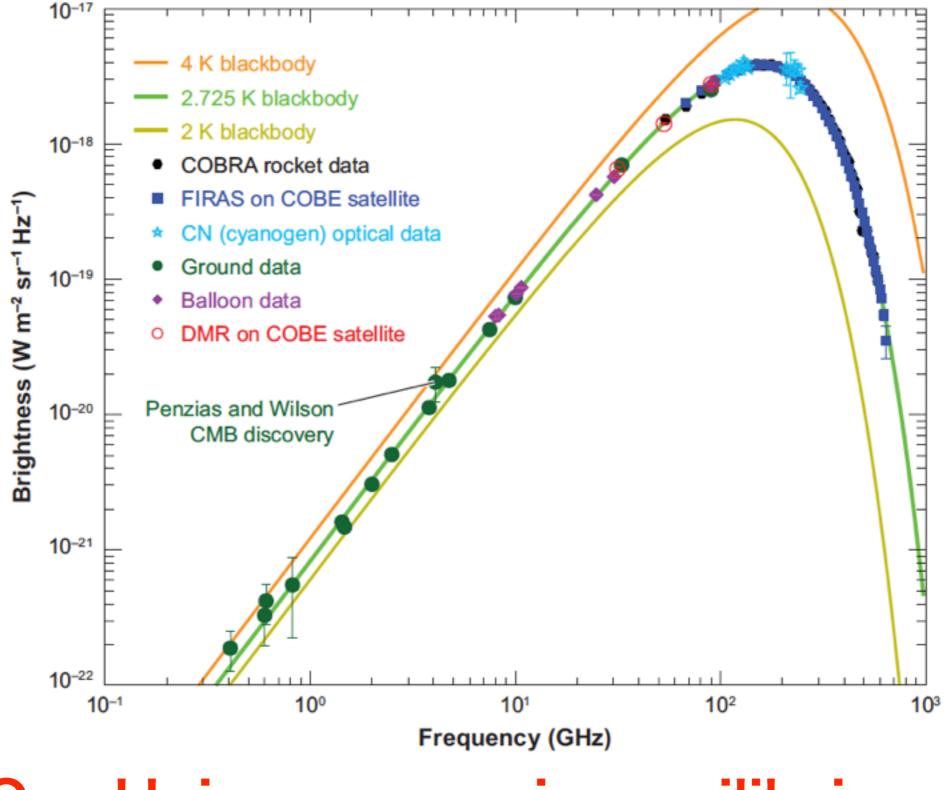
### What did BICEP2 find?



### 宇宙マイクロ波背景放射(CMB)



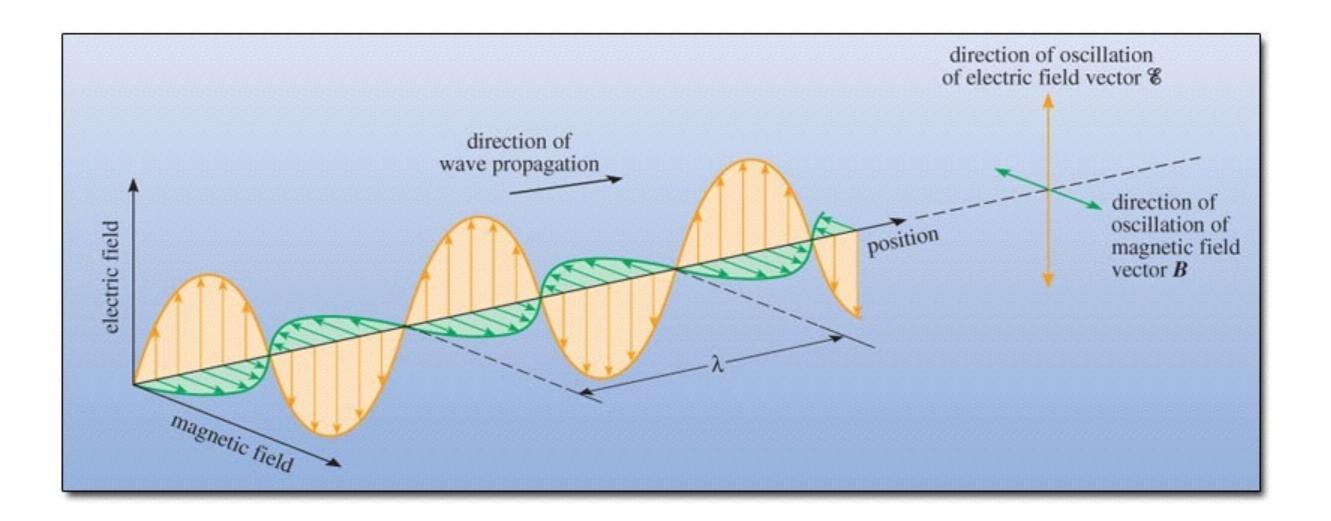
### Planck distribution of CMB



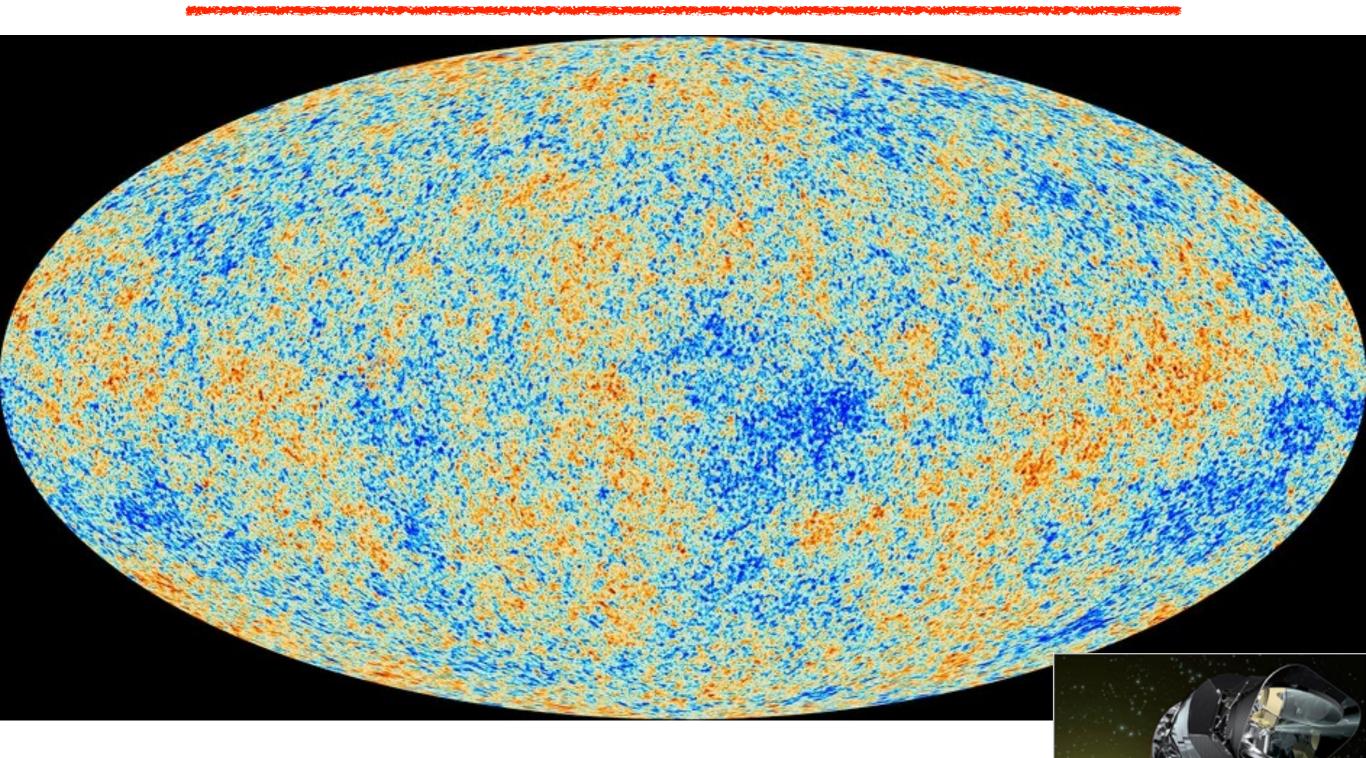
Our Universe was in equilibrium.

CMB photons are characterized by

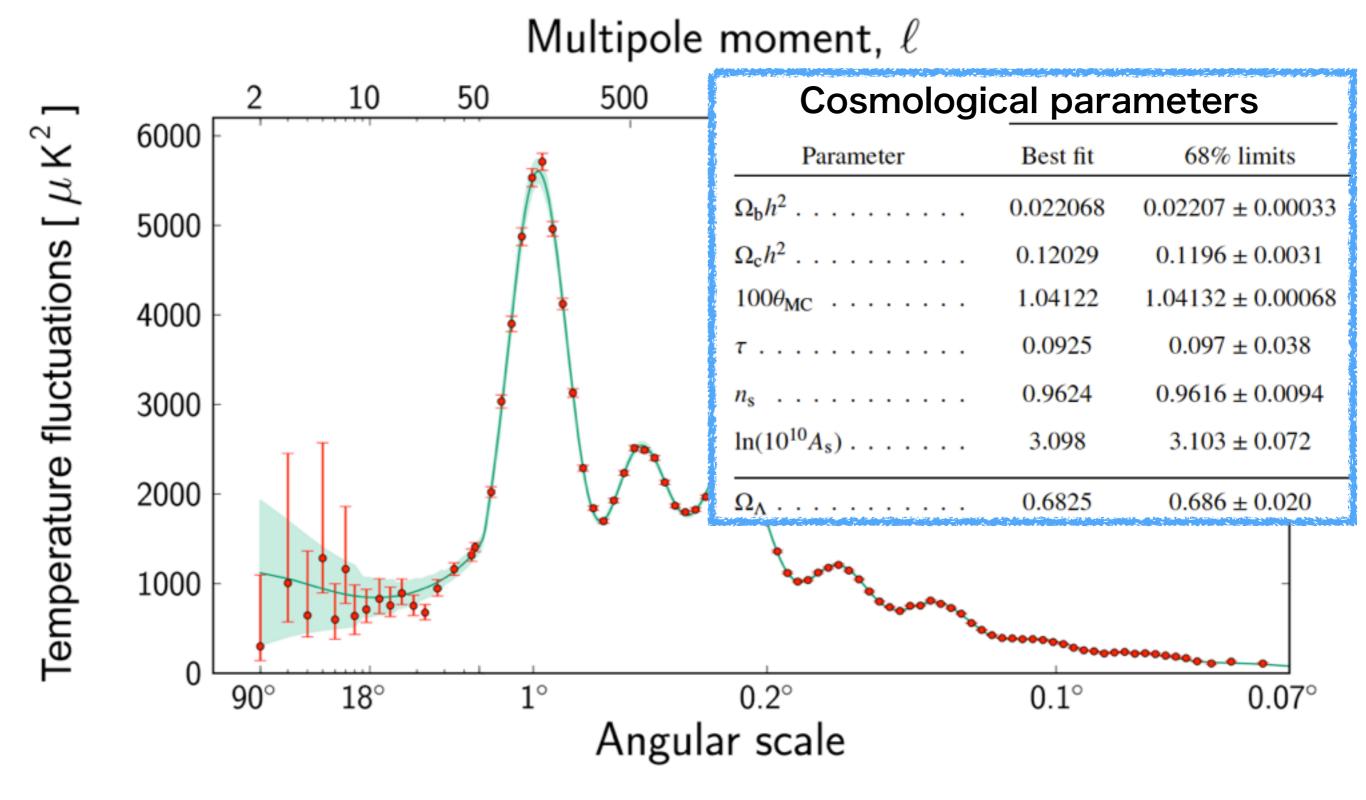
Energy (or temperature) scalar
 Polarization vector



### CMB temperature sky map

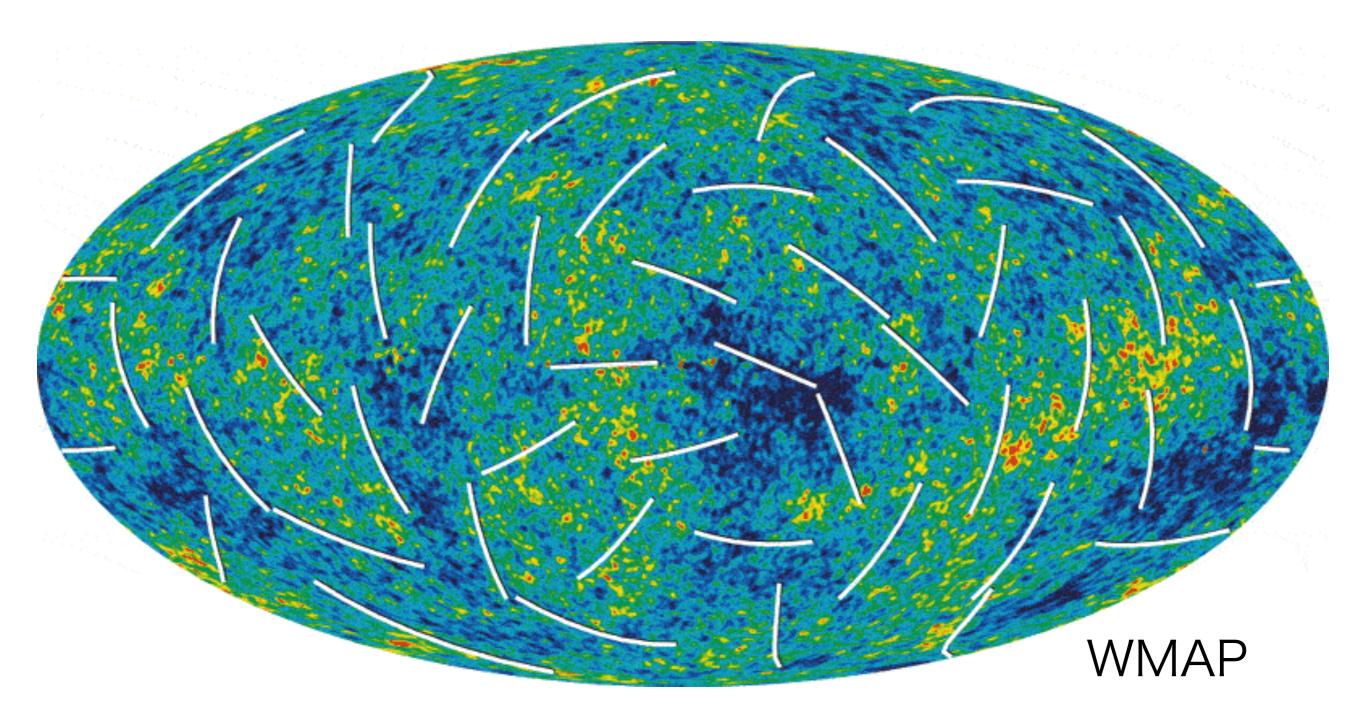


#### CMB anisotropy angular power spectrum

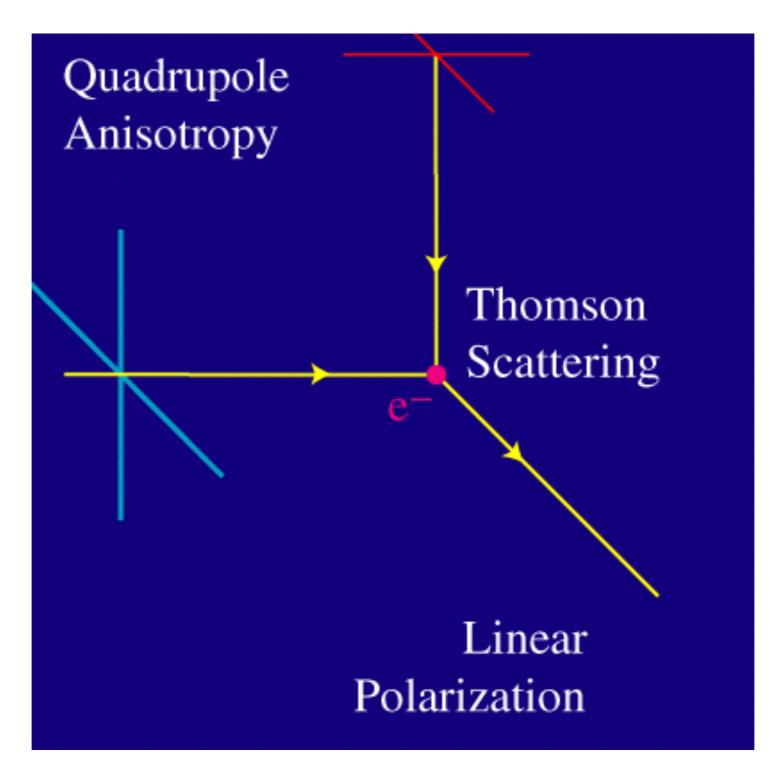


### CMB polarization

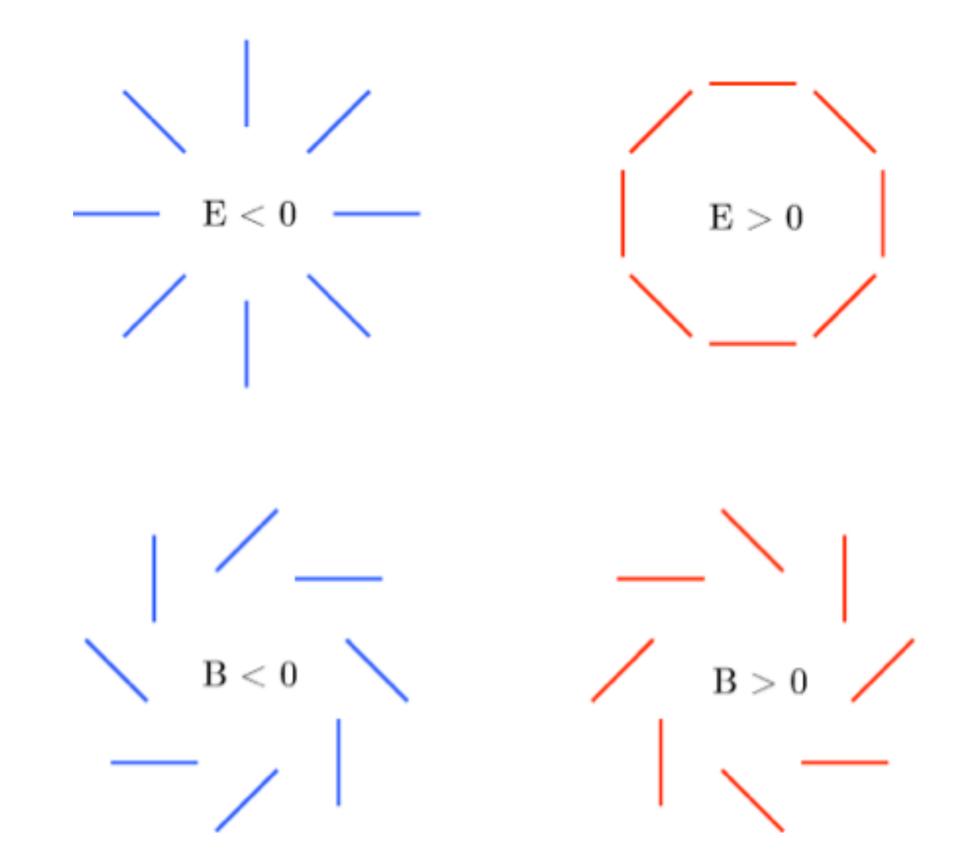
#### CMB photons are polarized!!



Polarization is due to quadrupole anisotropy around electrons.



#### (Taken from W. Hu's webpage)



E-mode and B-mode are exchanged by rotating the polarization vector by 45 degrees.

### **Perturbations of spacetime**

Flat FRW Universe:

$$ds^2 = -dt^2 + a(t)^2 \delta_{ij} dx^i dx^j$$

+ small perturbations

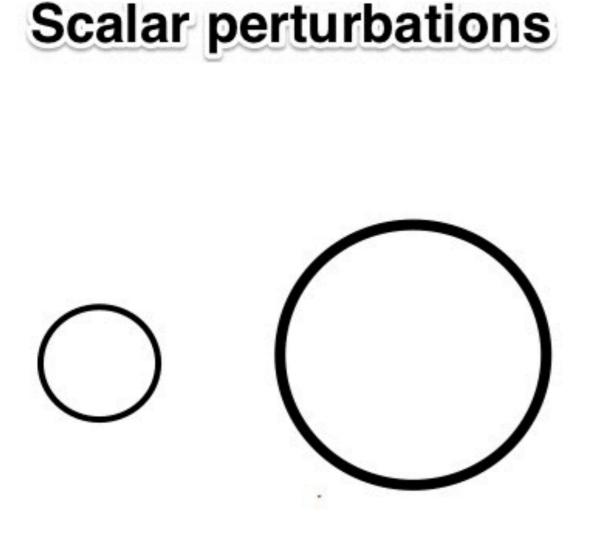
 $ds^{2} = -(1+2A)dt^{2} - 2aB_{i}dtdx^{i} + a^{2} \left(\delta_{ij} + 2H_{L}\delta_{ij} + 2H_{Tij}\right)dx^{i}dx^{j}$ 

The perturbations can be decomposed into three types.

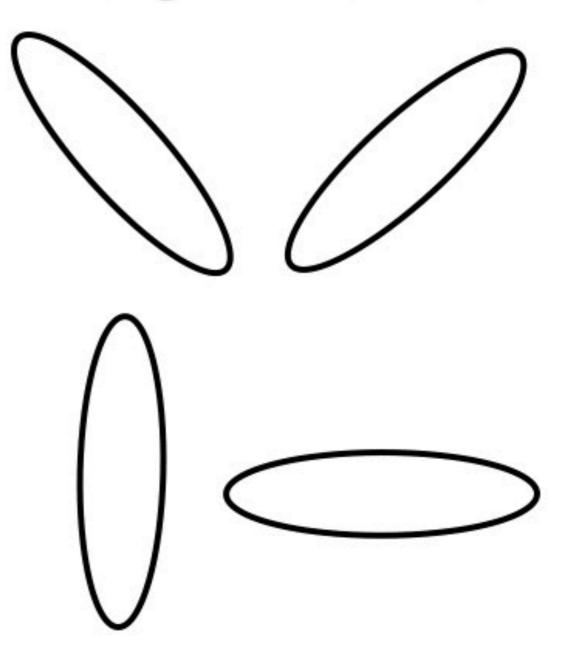
1. Scalar  $ds^2 = -(1+2\Phi)dt^2 + a^2(1+2\Psi)dx^2$  inflaton

GW

- 2. Vector
- 3. Tensor  $ds^2 = -dt^2 + a^2 (\delta_{ij} + h_{ij}) dx^i dx^j$



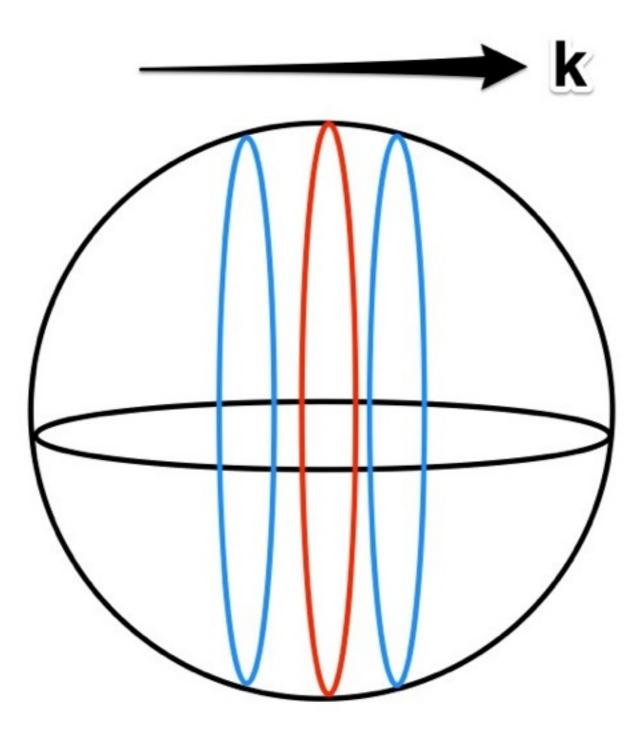


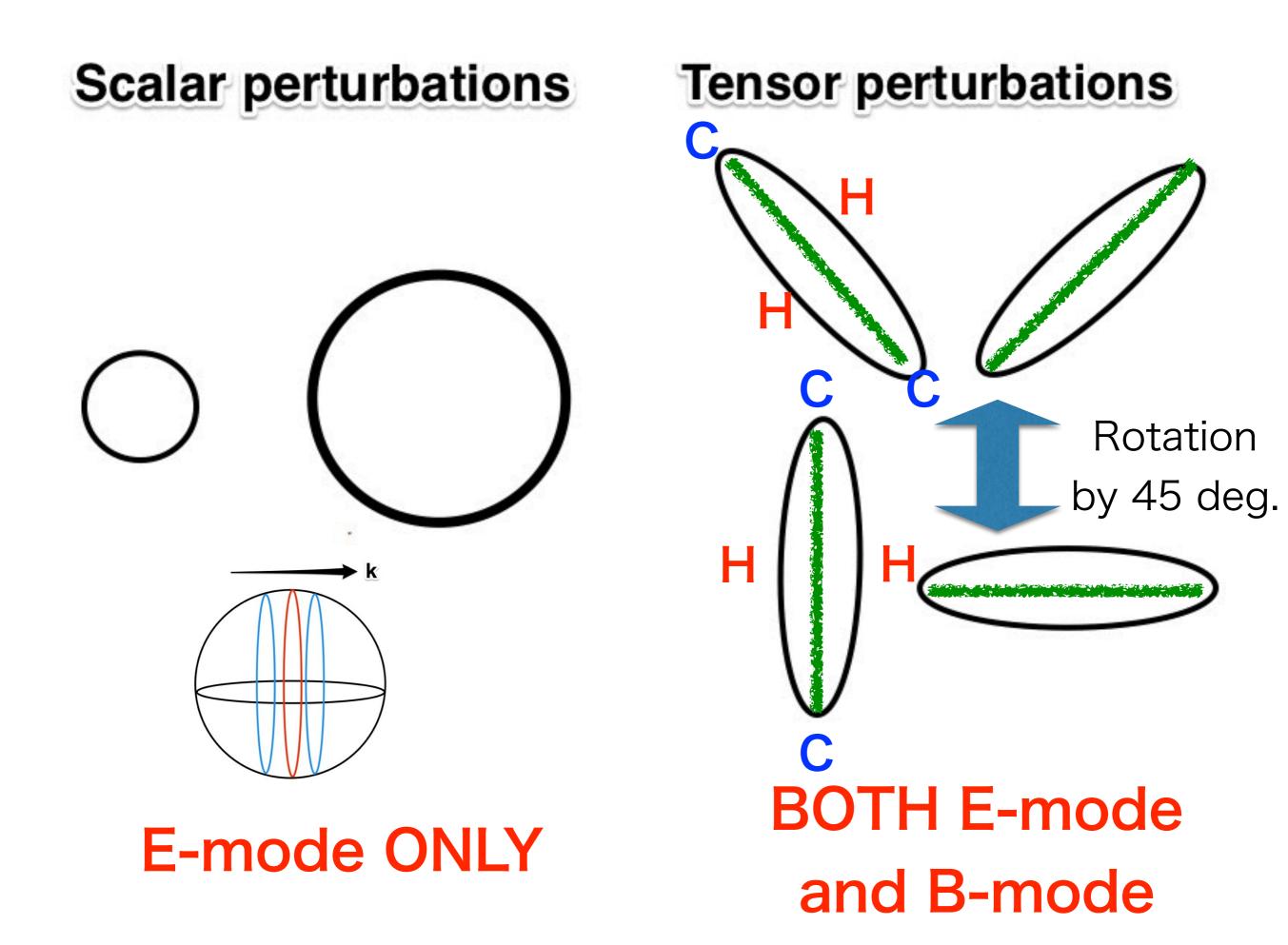


**E-mode ONLY** 

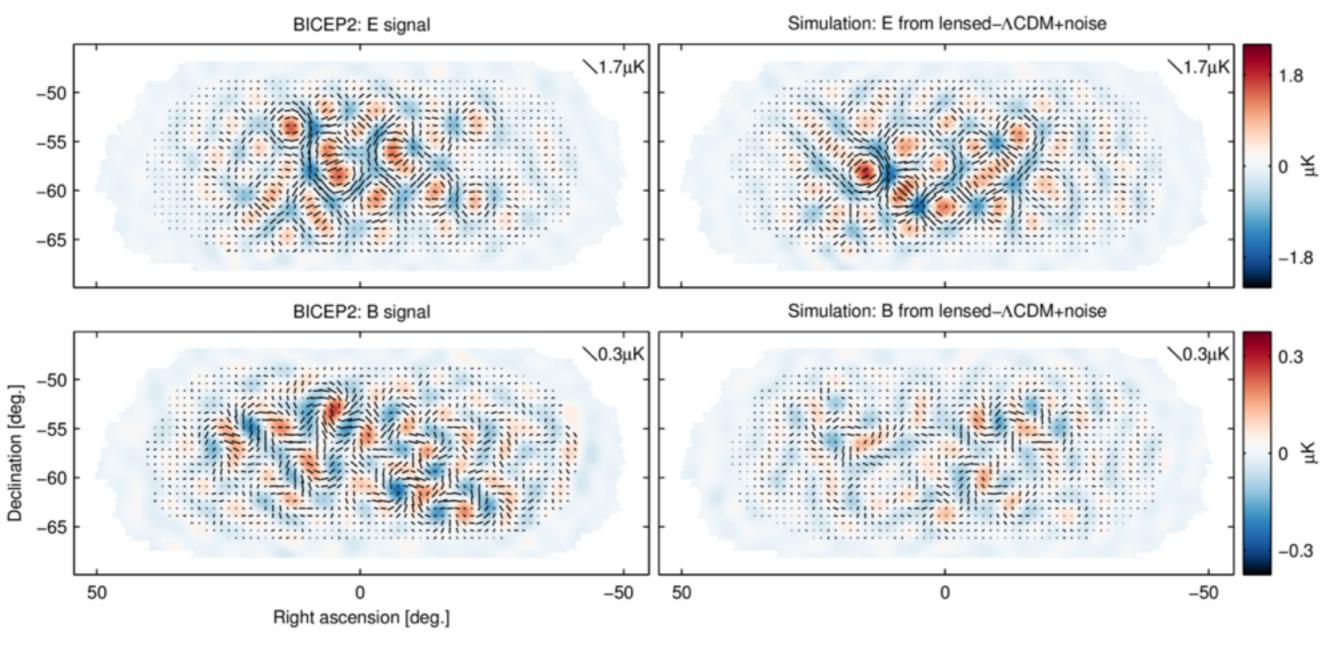
BOTH E-mode and B-mode

#### Density (scalar) perturbations generate only E-mode.





### B-mode, B-mode, and B-mode!!!!!!

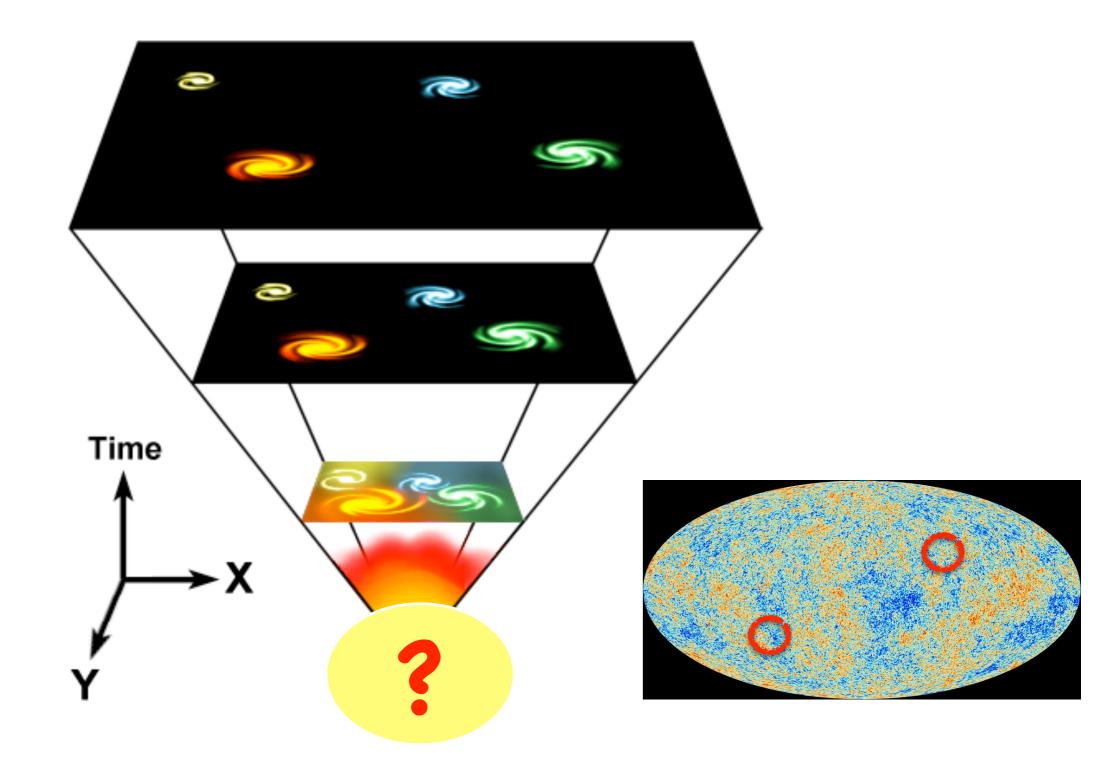


BICEP2, 1403.3985

### OK, B-mode. So what?

# **Inflation** is by far the most plausible explanation for the observed primordial B-mode polarization, **if true.**

# Can we extrapolate the decelerated expansion back to the very beginning of the Universe?

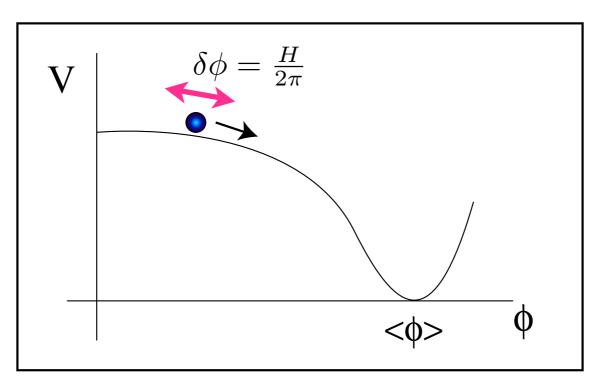




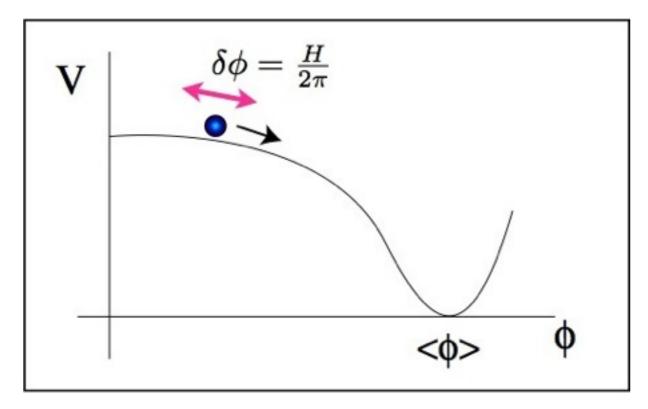
: a phase of the exponential expansion.

# Inflation can solve the horizon and flatness problems.

One way to realize the inflation is the slow-roll inflation.



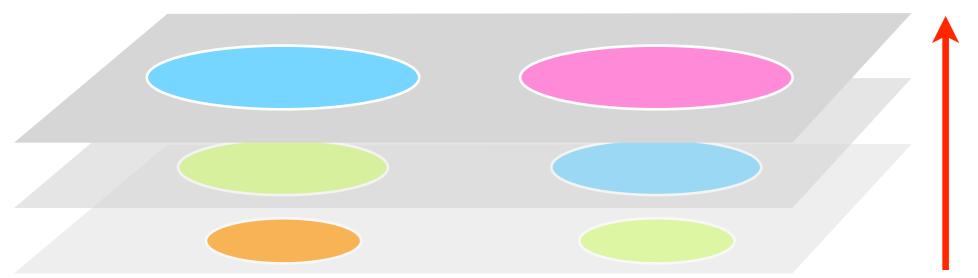
# Scalar mode $ds^2 = -(1+2\Phi)dt^2 + a^2(1+2\Psi)d\mathbf{x}^2$



It is due to **fluctuations in time** induced by the inflaton's quantum fluctuation.

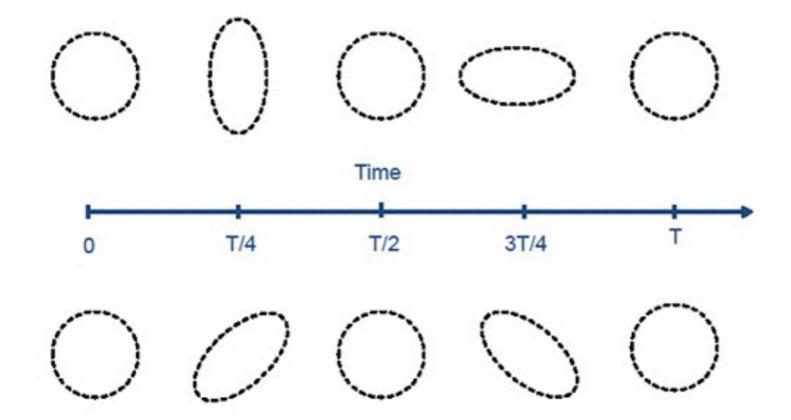
$$\Phi \sim \frac{\delta \rho}{\rho} \sim H \delta t \sim H_{\rm inf} \frac{\delta \phi}{\dot{\phi}} \sim \left| \frac{V^{3/2}}{V' M_P^3} \right|$$

Time



# Tensor mode

 $ds^{2} = -dt^{2} + a^{2} \left(\delta_{ij} + h_{ij}\right) dx^{i} dx^{j}$ 



It is due to **fluctuations of** graviton itself.

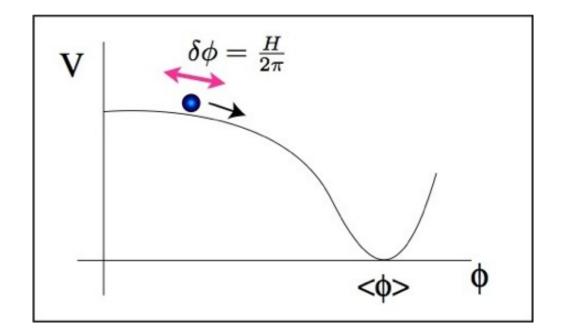
 $h_{ij} \sim \frac{H_{\rm inf}}{M_P}$ 

# Observation vs Theory

## Scalar mode $P_{\mathcal{R}} = A_s \left(\frac{k}{k_0}\right)^{n_s - 1}$

Tensor mode

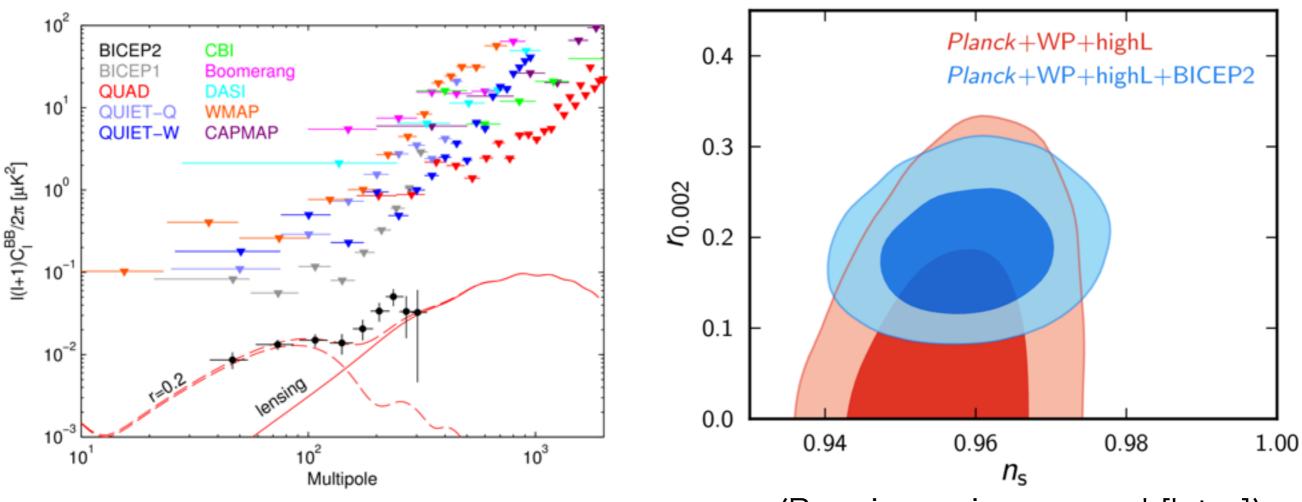
$$P_t = A_t \left(\frac{k}{k_0}\right)^{n_t}$$



$$A_s, n_s, r \equiv \frac{A_t}{A_s}$$

# BICEP2

BICEP2, 1403.3985



(Running n<sub>s</sub> is assumed [later])

 $r = 0.20^{+0.07}_{-0.05}$ 

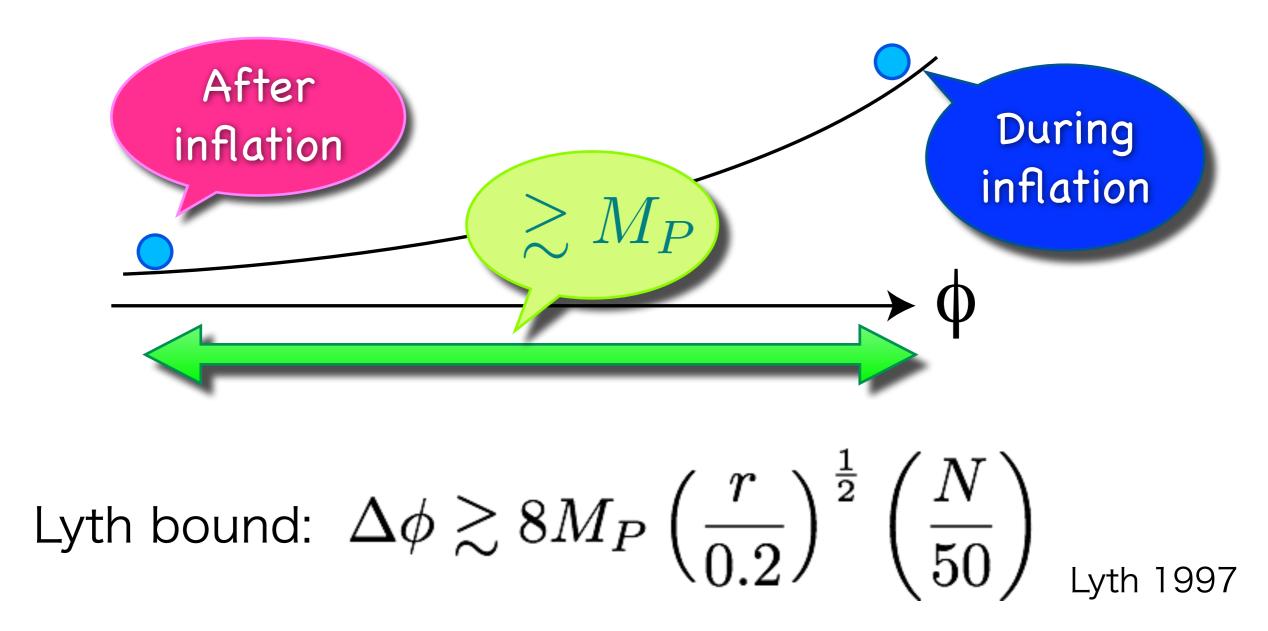
### What can we say about inflation?

# It's GUT-scale inflation!

 $V_{\rm inf} \simeq (2.1 \times 10^{16} \,{\rm GeV})^4 \left(\frac{r}{0.16}\right)$  $H_{\rm inf} \simeq 1.0 \times 10^{14} \,{\rm GeV} \left(\frac{r}{0.16}\right)^{\frac{1}{2}},$ 

# It's large-field inflation!

The inflaton excursion exceeds the Planck scale!



### Various large-field inflation models

#### Quadratic chaotic inflation

Linde `83

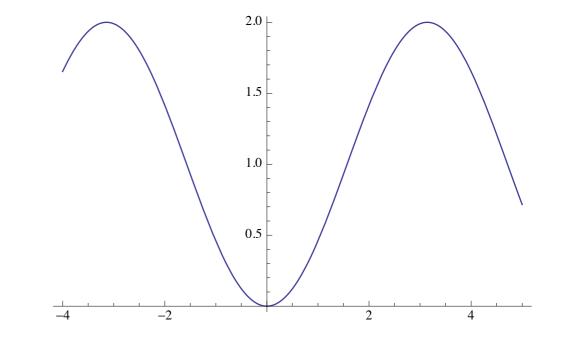
$$V = \frac{1}{2}m^2\phi^2$$

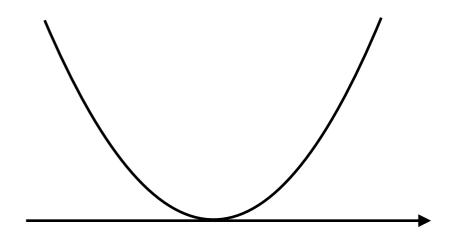
-1

$$m\simeq 2 imes 10^{13}\,{
m GeV}~\phi_{60}\sim 16 M_P$$

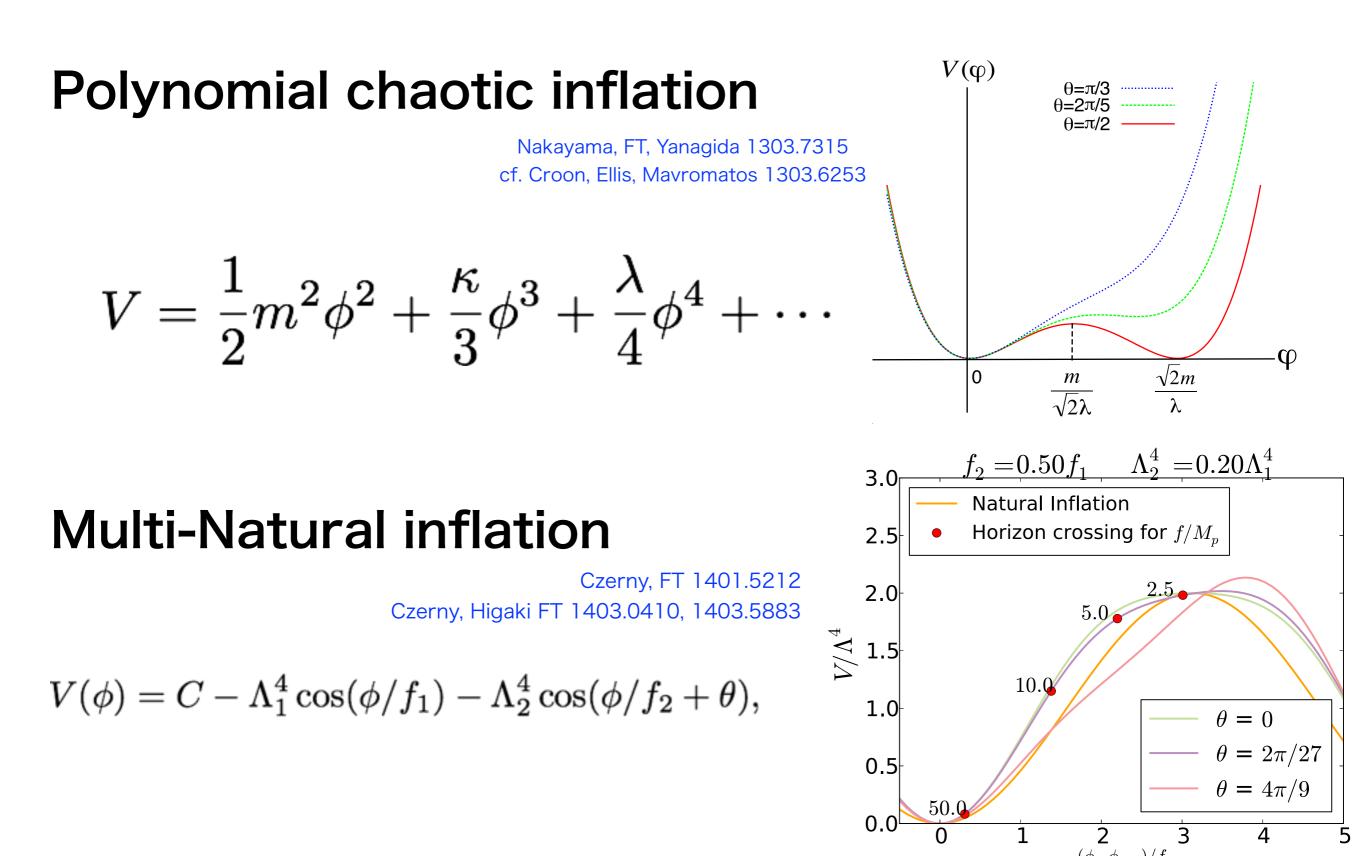
Natural inflation Freese et al, `90

$$V = \Lambda^4 \left( 1 - \cos\left(\frac{\phi}{f}\right) \right)$$





### Various large-field inflation models



### Various large-field inflation models

Running kinetic inflation FT 1006.2801

Nakayama, FT 1008.2956, 1008.4467, 1403.4132

$$V = (1 + \xi \phi^2) (\partial \phi)^2 - V(\phi)$$

Higgs chaotic inflation is possible.

$$\mathcal{L} = \frac{1}{2} \left( 1 + \xi h^2 \right) (\partial h)^2 - \frac{\lambda}{4} \left( h^2 - v^2 \right)^2,$$
$$\mathcal{L} \simeq \frac{1}{2} (\partial \hat{h})^2 - \lambda \hat{h}^2, \quad \hat{h} \equiv h^2/2$$

The transition takes place at the intermediate scale.

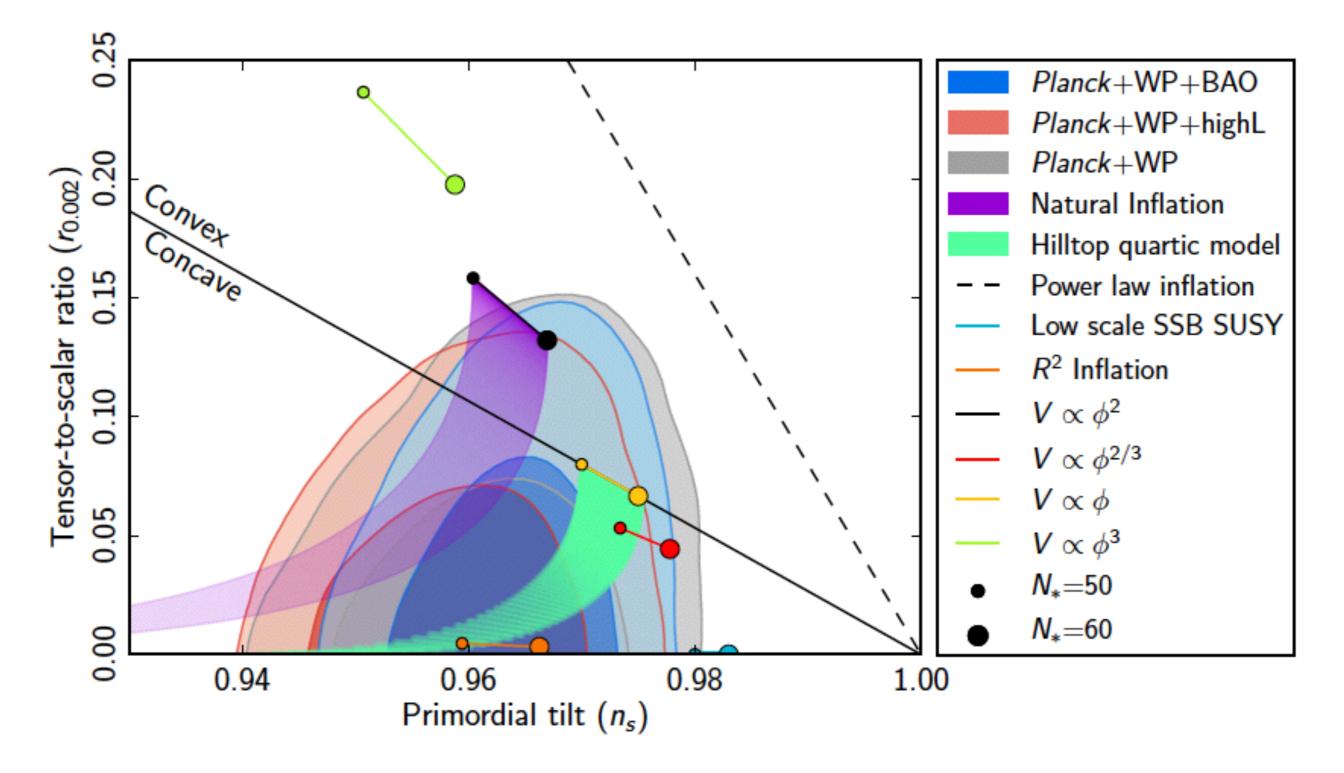
#### Axion monodromy inflation

$$V = \mu^3 \phi + \Lambda^4 \cos\left(\frac{\phi}{f_a}\right)$$

Silverstein, Westphal, 0803.3085 McAllister, Silverstein, Westphal, 0808.0706

 $\hat{\mathbf{\Phi}}^{\frac{2m}{n}}$  $\tilde{\Phi}^{2m}$  $\tilde{\Phi}^2$  $\widetilde{\Phi}_{e}$  $\widetilde{\Phi}_{\rm b}$ 

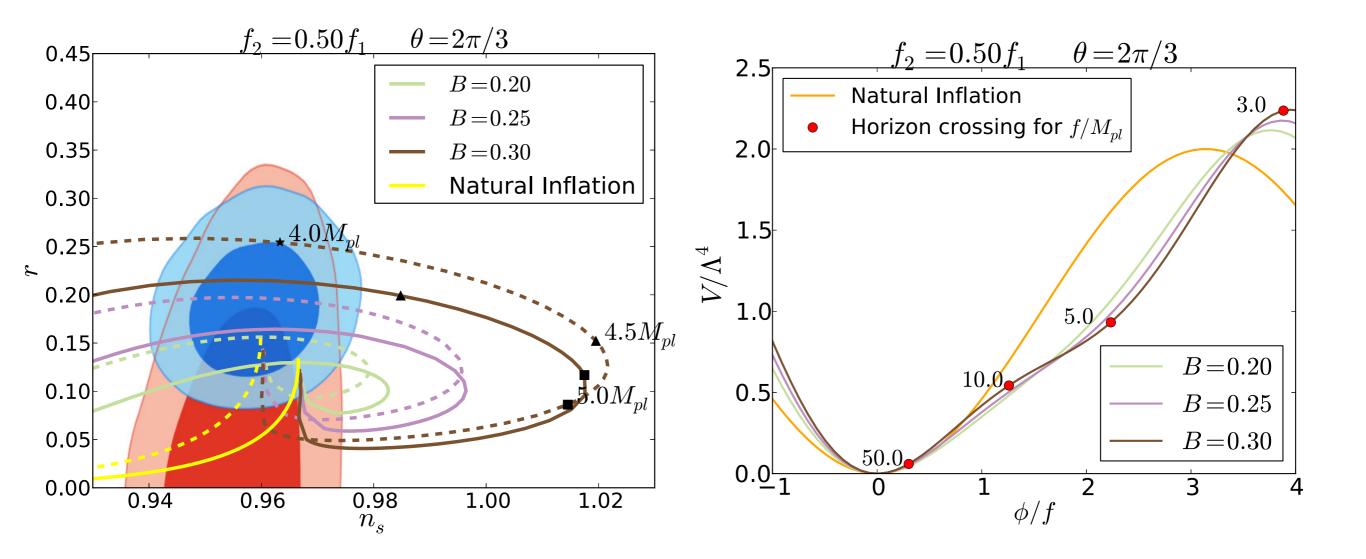
### Predicted values of (ns, r)



Planck, 1303.5802

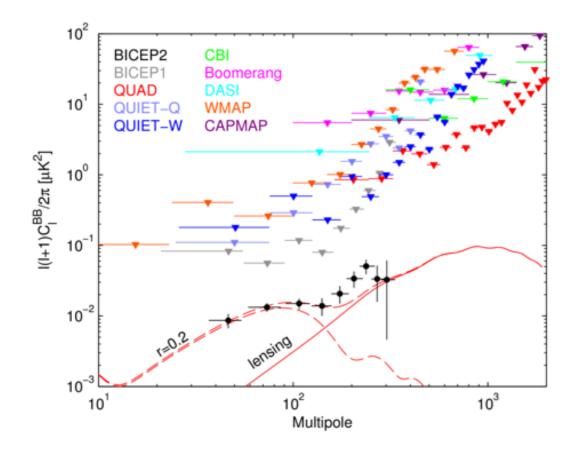
#### Various values of (n<sub>s</sub>, r) are also possible.

#### e.g. Multi-natural inflation



Czerny, Higaki FT 1403.5883

#### Tension between BICEP2 and Planck (Polarization) (Temperature)



0.25 Planck+WP+BAO Planck+WP+highL 0.20 Planck+WP Tensor-to-scalar ratio (r0.002) Natural Inflation Hilltop quartic model 0.15 Power law inflation Low scale SSB SUSY R<sup>2</sup> Inflation 010  $V \propto \delta^2$  $V \propto \delta^{2/3}$ Vacó 0.05 V ac d3 N.=50 N.=60 8 0 0.94 0.96 0.98 1.00 Primordial tilt (ns)

Fig. 1. Marginalized joint 68% and 95% CL regions for n<sub>s</sub> and r<sub>0.002</sub> from *Planck* in combination with other data sets compared to the theoretical predictions of selected inflationary models.

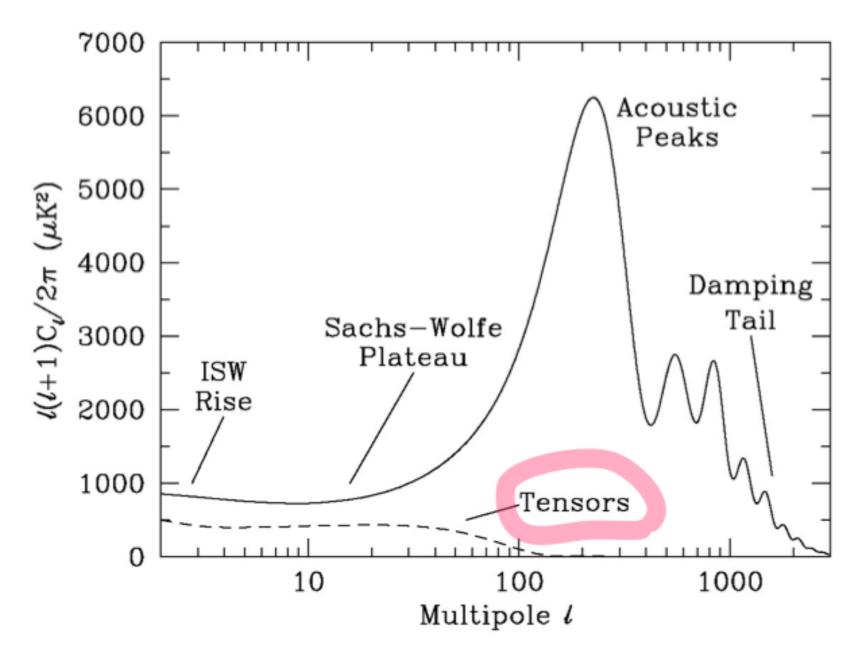
r < 0.11 (95%CL)

Planck, 1303.5802

$$r = 0.20^{+0.07}_{-0.05}$$

BICEP2, 1403.3985

#### Tension between BICEP2 and Planck (Polarization) (Temperature)



The tensor mode also contributes to the temperature fluctuations at large scales.

# Implications of BICEP2

## Implications of BICEP2

If true, the BICEP2 results have SIGNIFICANT impacts on particle physics and cosmology.

They can be broadly classified into the two categories.

1. GUT-scale large-field inflation

2. Tension with Planck and others

## GUT-scale, large-field inflation

#### Inflation model building in sugra/string

•

- Shift symmetry is likely. String axion? Higgs? RH sneutrino?
- High reheating temperature:  $T_R \gtrsim 10^9 \, {\rm GeV}$
- · Thermal leptogenesis more likely than before.
- · Baryogenesis, dark matter, unwanted relics
- · Symmetry restoration is probable.

· The inflaton mass is about  $~m\sim 10^{13}\,{
m GeV}$  .

Related to SUSY breaking scale or RH neutrino mass?

#### Too large isocurvature perturbations.

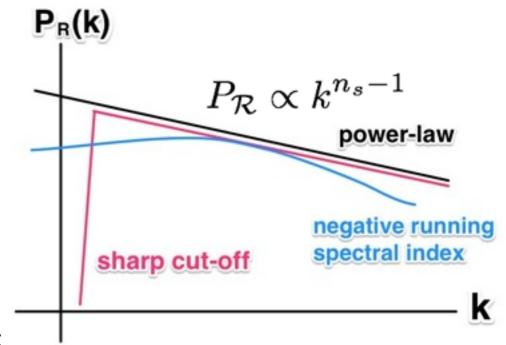
• The QCD axion less likely? PQ symmetry restoration?

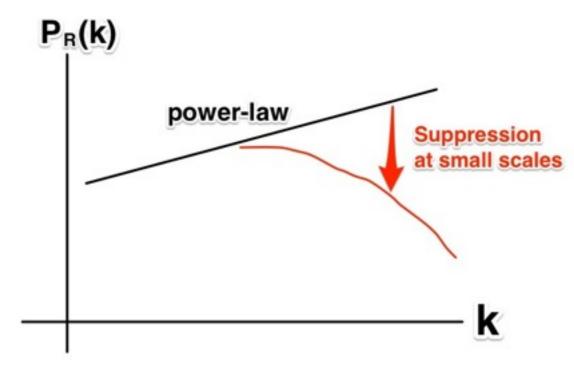
## **Tension between BICEP2 and Planck**

- Deviation from power-law density perturbations
  - · Running of spectral index
  - · Sharp cut-off at large scales.
    - · Fast roll
    - · False vacuum decay

#### Suppression at small scales

- · Dark radiation,
- hot dark matter,
- neutrino mass.
- Anti-correlation between tensor and scalar





## Implications for particle physics

Let me start with general observations, and then go to more model-dependent issues.

Because the inflation scale is high,

• T<sub>R</sub> is also high.  $T_R \gtrsim 10^9 \,\text{GeV}$ e.g.  $\frac{\phi}{M_P} F_{\mu\nu} F^{\mu\nu} \longrightarrow \Gamma \sim \frac{m_\phi^3}{M_P^2} \sim \mathcal{O}(1-100) \,\text{GeV}$  $T_R \sim 10^{9-10} \,\text{GeV}$ 

Thermal leptogenesis is likely.

## Implications for particle physics

Let me start with general observations, and then go to more model-dependent issues.

Because the inflation scale is high,

- T<sub>R</sub> is also high.  $T_R \gtrsim 10^9 \, {\rm GeV}$
- · unwanted relics can be copiously produced.

(a) gravitinos can be produced thermally and non-thermally.

(b) the inflaton may decay into hidden sector.

(c) topological defects associated with SSB.

## Implications for particle physics

Let me start with general observations, and then go to more model-dependent issues.

Because the inflation scale is high,

- T<sub>R</sub> is also high.  $T_R \gtrsim 10^9 \,\text{GeV}$
- · unwanted relics can be copiously produced.
- large isocurvature perturbations are generated. e.g. QCD axion

Higaki, Jeong, FT, 1403.4186, Marsh et al, 1403.4216, Visinelli, Gondolo, 1403.4594

# What can we say about SUSY breaking from BICEP2?

In any case, there appears a new mass scale

$$m_{\rm inf} = 10^{13} \, {\rm GeV}$$

So question is whether

 $m_{3/2}\gtrsim 10^{13}\,{
m GeV}$ or  $m_{3/2} \lesssim 10^{13} \,\mathrm{GeV}$ 

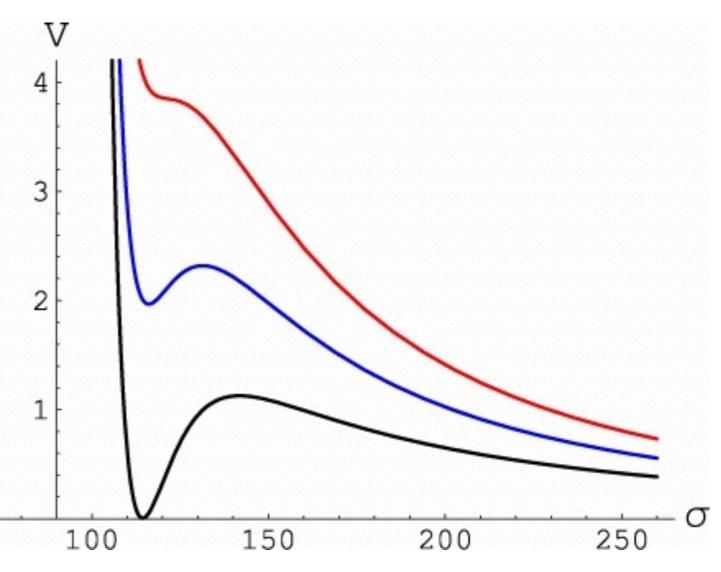
There appeared papers which argue for SUSY around the inflaton mass scale ~ 10<sup>13</sup>GeV or below.

Ibanez and Valenzuela 1403.6081, Hall, Nomura, Shirai 1403.8138, Fan, Jain Ozsoy 1404.1914

126 GeV Higgs mass OK
Gauge coupling unification OK

#### Is it good for anyth

- Moduli stabilizatior
- If moduli=inflaton, inflaton.
- · Stable moduli stab



## What if $m_{3/2} \lesssim 10^{13} \,\mathrm{GeV}$ ?

## Chaotic inflation in SUGRA

Kawasaki, Yamaguchi, Yanagida, hep-ph/0004243 ,hep-ph/0011104

To have a good control over the inflaton field values greater than the Planck scale, we impose a shift symmetry;

$$\phi \to \phi + iC,$$

which is explicitly broken by the superpotential.

$$\begin{split} K_{\text{inf}} &= c(\phi + \phi^{\dagger}) + \frac{1}{2}(\phi + \phi^{\dagger})^2 + |X|^2 - k|X|^4 + \cdots \\ W_{\text{inf}} &= mX\phi, \\ V_{\text{sugra}} &= e^K \left( (D_i W) K^{i\bar{j}} (D_j W)^* - 3|W|^2 \right). \\ V &\simeq \frac{1}{2} m^2 \varphi^2 \qquad \qquad \varphi \equiv \sqrt{2} \text{Im}[\phi] \\ \text{even for } \varphi \gg N \end{split}$$

## Z<sub>2</sub> or not Z<sub>2</sub>?

One can impose a Z<sub>2</sub> symmetry on the inflaton and X.

$$Z_2: \quad \phi \to -\phi \qquad X \to -X$$
$$K_{\text{inf}} = c(\phi + \phi^{\dagger}) + \frac{1}{2}(\phi + \phi^{\dagger})^2 + |X|^2 - k|X|^4 + \cdots$$
$$W_{\text{inf}} = mX\phi,$$

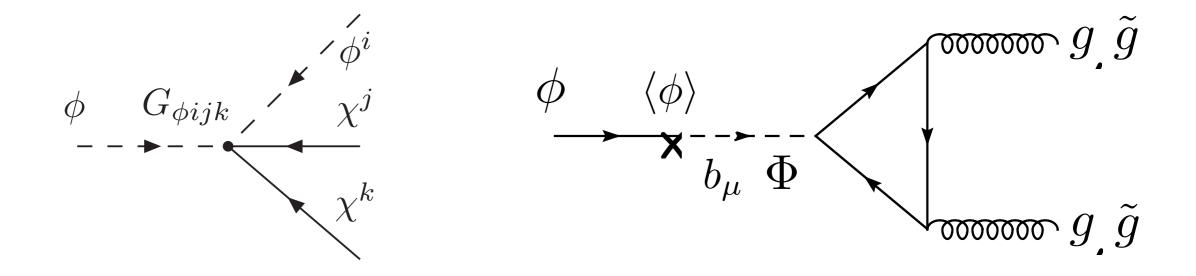
The Z<sub>2</sub> symmetry affects the inflaton decays, while it hardly affects the inflaton dynamics.

## Chaotic inflation w/o Z<sub>2</sub>

$$K = c(\phi + \phi^{\dagger}) + \cdots \qquad \longrightarrow \quad \langle K_{\phi} \rangle = c = \mathcal{O}(1)$$

#### · Pro

The inflaton automatically decays into the visible sector w/o introducing ad hoc couplings. Endo, Kawasaki, FT, Yanagida, hep-ph/0607170 Endo, FT, Yanagida, hep-ph/0701042



## Chaotic inflation w/o Z<sub>2</sub>

#### · Pro

The inflaton automatically decays into the visible sector w/o introducing ad hoc couplings. Endo, Kawasaki, FT, Yanagida, hep-ph/0607170 Endo, FT, Yanagida, hep-ph/0607170 Endo, FT, Yanagida, hep-ph/0701042  $\Gamma \sim \frac{m^3}{M_{\odot}^2}, \quad T_R \sim 10^9 \,\text{GeV} \quad \text{high enough for thermal leptogenesis}$ 

#### Con

The inflaton decays into hidden sectors, producing too many gravitinos.

0

$$\Gamma(\phi \to 2\psi_{3/2}) \sim \frac{m^3}{M_P^2}$$

Endo, Hamaguchi, FT, `06 Nakamura, Yamaguchi, `06 Kawasaki, FT, Yanagida,`06 Dine, Kitano, Morisse, Shirman,`06 Endo, FT, Yanagida,`06,`07

#### Gravitino production in chaotic inflation w/o $Z_2$

Nakayama, FT, Yanagida,1404.2472

Let us add a SUSY breaking field z;

$$\begin{split} K &= K_{\inf} + |z|^2 - \frac{|z|^4}{\Lambda^2}, \qquad m_z^2 \simeq \frac{12m_{3/2}^2}{\Lambda^2}. \\ W &= W_{\inf} + \mu^2 z + W_0, \qquad \langle z \rangle \simeq 2\sqrt{3} \left(\frac{m_{3/2}}{m_z}\right)^2 \simeq \frac{m_{3/2}}{m_z} \Lambda. \end{split}$$

There are various sources for gravitino production;

- · Thermal production
- Non-thermal production
  - · Inflaton decays into gravitinos
  - · Inflaton decays into z.
  - · The z coherent oscillations.

#### Gravitino production in chaotic inflation w/o Z<sub>2</sub>

Nakayama, FT, Yanagida, 1404.2472

Let us add a SUSY breaking field z;

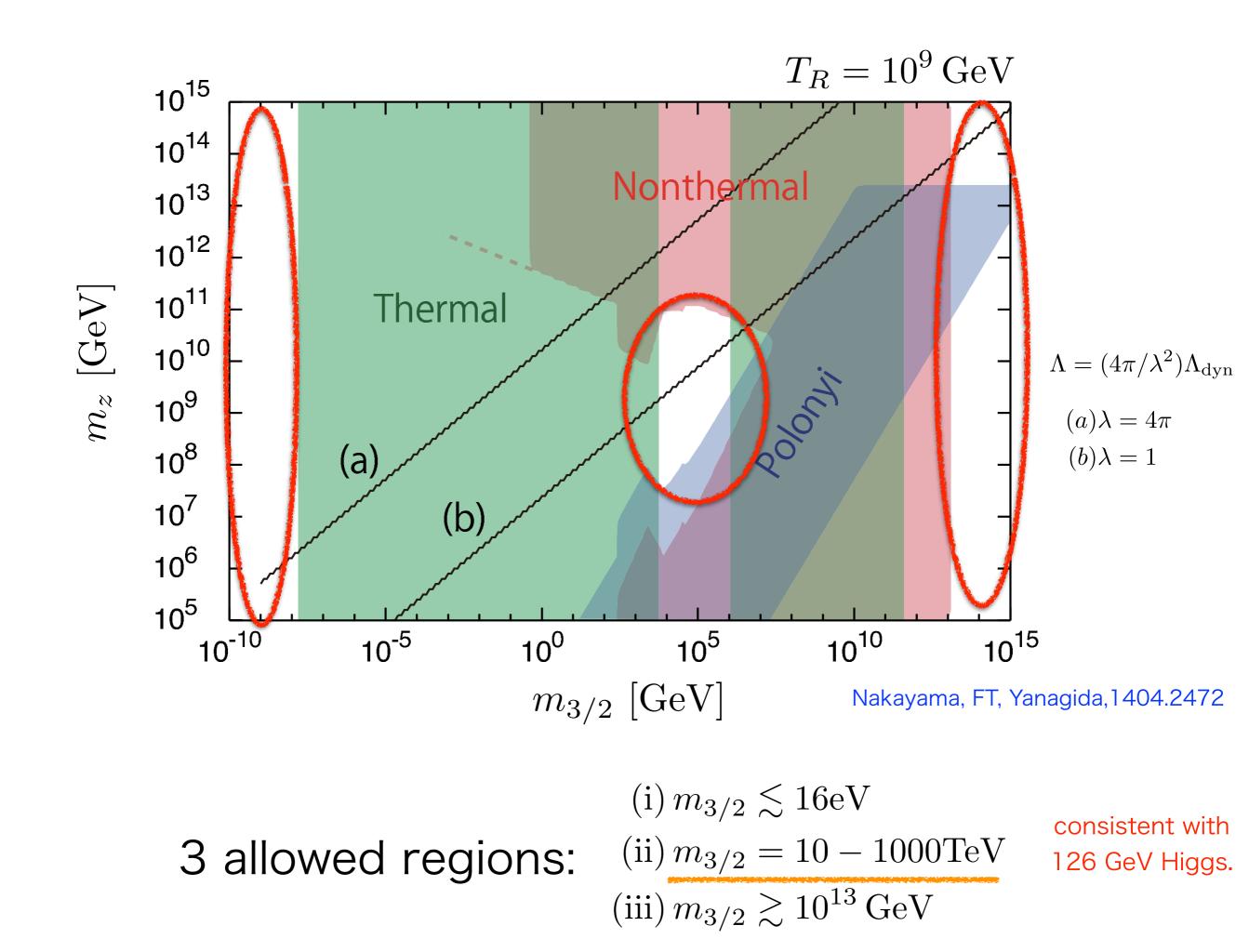
$$\begin{split} K &= K_{\text{inf}} + |z|^2 - \frac{|z|^4}{\Lambda^2}, \qquad m_z^2 \simeq \frac{12m_{3/2}^2}{\Lambda^2}. \\ W &= W_{\text{inf}} + \mu^2 z + W_0, \qquad \langle z \rangle \simeq 2\sqrt{3} \left(\frac{m_{3/2}}{m_z}\right)^2 \simeq \frac{m_{3/2}}{m_z} \Lambda. \end{split}$$

There are various sources for gravitino production;

$$Y_{3/2} = Y_{3/2}^{(\text{th})} + Y_{3/2}^{(\phi)} + Y_{3/2}^{(z)}.$$

$$Y_{3/2}^{(\text{th})} \simeq \begin{cases} \min\left[2 \times 10^{-12} \left(1 + \frac{m_{\tilde{g}}^2}{3m_{3/2}^2}\right) \left(\frac{T_{\text{R}}}{10^{10} \,\text{GeV}}\right), \ \frac{0.42}{g_{*s}(T_{3/2})}\right] & \text{for } T_{\text{R}} \gtrsim m_{\text{SUSY}}, \\ 0 & \text{for } T_{\text{R}} \lesssim m_{\text{SUSY}}, \end{cases}$$

$$Y_{3/2}^{(\phi)} = \frac{3T_{\rm R}}{4m} \frac{2\Gamma(\Phi \to \tilde{z}\tilde{z}) + 4\Gamma(\Phi \to zz^{\dagger})}{\Gamma_{\rm tot}}, \qquad Y_{3/2}^{(z)} \simeq \frac{2}{m_z} \frac{\rho_z}{s}$$



## Chaotic inflation with Z<sub>2</sub>

$$K = \frac{1}{2} (\phi + \phi^{\dagger})^2 + \cdots \qquad \checkmark \qquad \langle K_{\phi} \rangle = 0$$

#### · Pro

Non-thermal gravitino production is forbidden.

#### • Con(?)

Reheating the visible sector is non-trivial.

If  $Z_2$  symmetry is unbroken, one needs to assign the  $Z_2$  charge on the SM and their SUSY partners; otherwise the inflaton will be stable.

Or, Z<sub>2</sub> must be broken.

What is the Z<sub>2</sub> symmetry, under which SM particles are charged?

It could be the matter parity!

Then, the inflaton is one of the matter fields of mass about  $10^{13}$ GeV….

# It's right-handed sneutrino!

 $W = \Phi L H_u$  is then allowed. (-)(-)

 $\mathcal{L} \sim rac{(LH_u)^2}{M}$  Neutrino mass is a low-E consequence of the inflaton!

## Sneutrino Chaotic inflation

Murayama, Nakayama, FT, Yanagida, 1404.3857

We impose an approximate shift symmetry on one of Ni

$$K = |N_1|^2 + |N_2|^2 + \frac{1}{2}(N_3 + N_3^{\dagger})^2 + \cdots$$
$$W = \frac{1}{2}M_{ij}N_iN_j + h_{i\alpha}N_iL_{\alpha}H_u$$

All the other directions can be stabilized during inflation.

• The model explains why the inflaton mass is about 10<sup>13</sup>GeV; it is the RH neutrino scale.

The seesaw mechanism for light neutrino masses works.

· High reheating temperature.

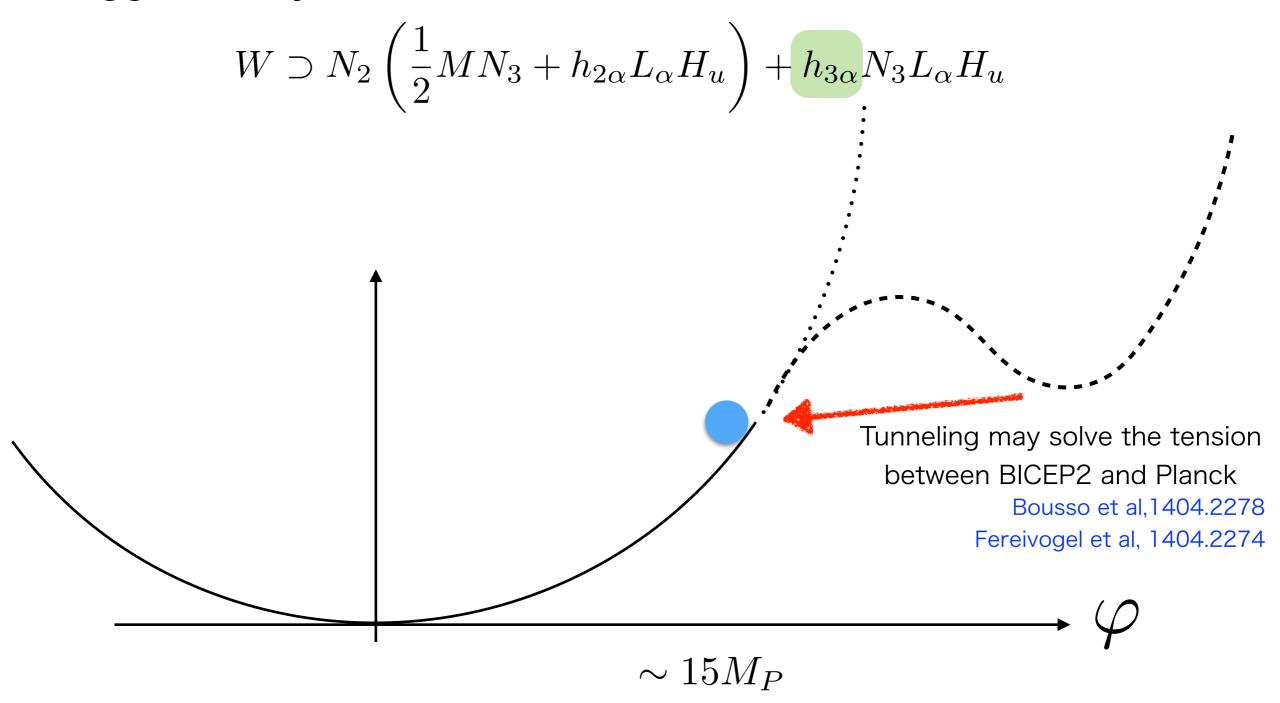
$$\Gamma \sim \frac{h^2}{8\pi} M \qquad T_R \sim g_*^{-\frac{1}{4}} \sqrt{\Gamma M_P} \sim 10^{13} \,\mathrm{GeV}$$

 $\cdot$  Thermal leptogenesis by N1 works successfully.

 No non-thermal gravitino production, but many gravitinos from thermal scatterings.

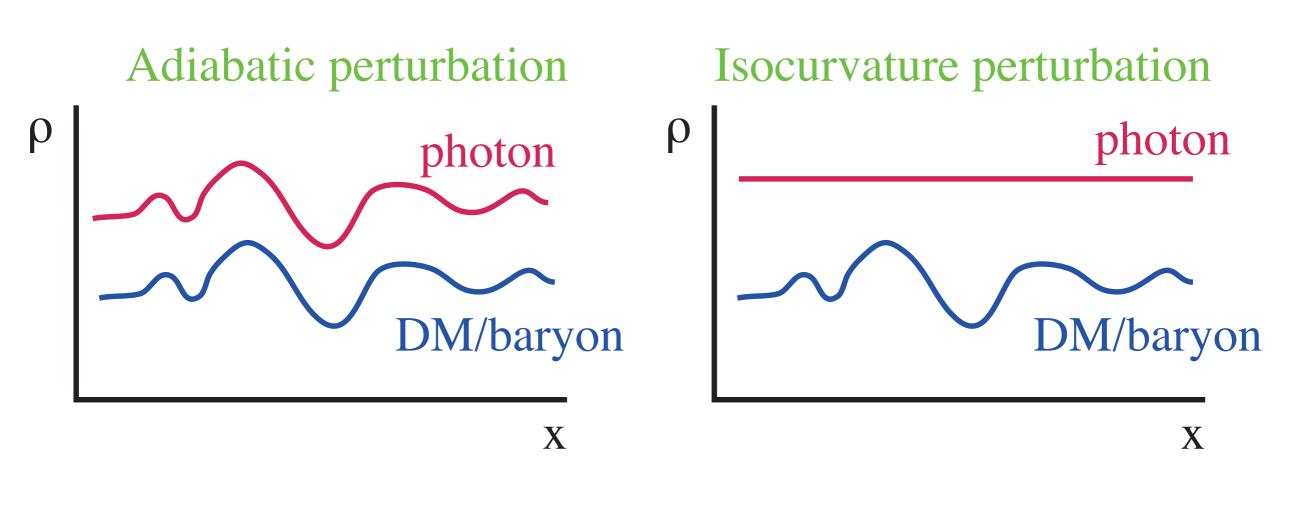
R-parity (matter parity) violation for  $m_{3/2} > 30$ TeV or light gravitinos with mild entropy production, or  $m_{3/2} < 16$ eV.

The shift symmetry must be broken by the neutrino Yukawa couplings for successful inflation, and  $h_{3\alpha} \sim 0.1$  is suggested by the neutrino mass & seesaw.



Sneutrino as a portal to the mother Universe.

## Axion isocurvature perturbations

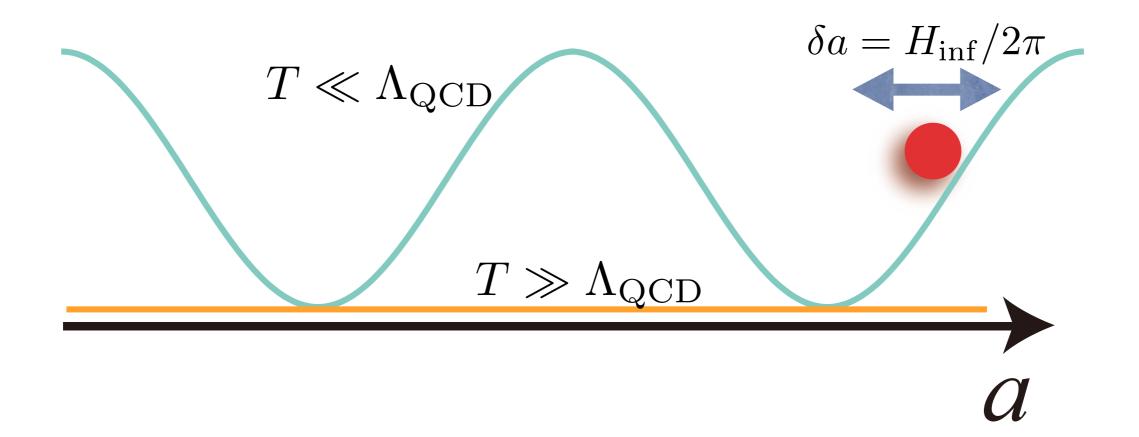


$$\alpha \equiv \frac{P_S}{P_{\mathcal{R}}} \lesssim 0.041 \quad (95\% \text{CL})$$

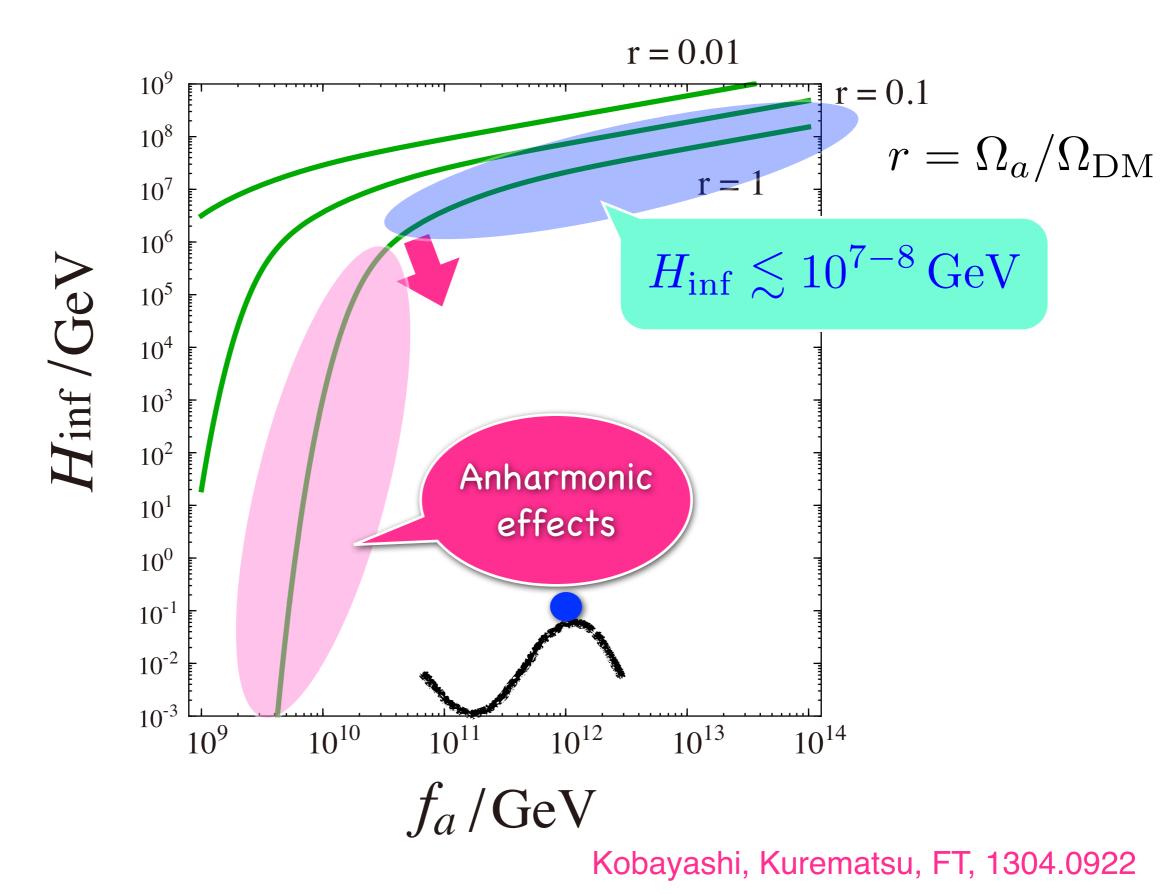
(Planck+WMAP polarization)

The QCD axion is a plausible candidate for DM with isocurvature perturbations.

$$\mathcal{L} = \left(\theta + \frac{a}{f_a}\right) \frac{g_s^2}{32\pi^2} G^{\mu\nu} \tilde{G}_{\mu\nu}$$



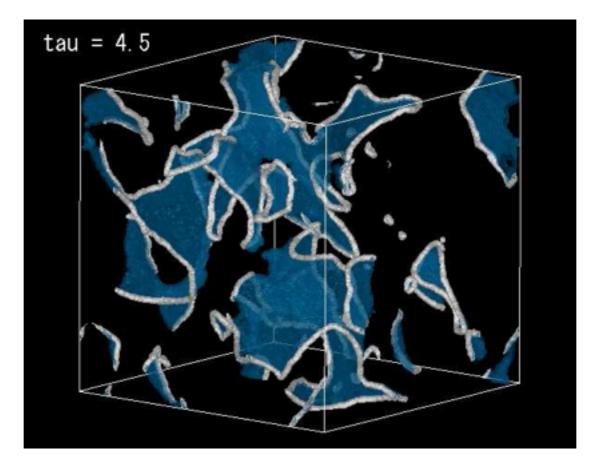
#### Isocurvature constraint on $H_{inf}$



# Solutions

- Restoration of Peccei-Quinn symmetry during inflation.
  - Axions are produced from domain walls and axion DM is possible for  $fa = 10^{10}GeV$ .

Hiramatsu, Kawasaki, Saikawa and Sekiguchi, 1202.5851,1207.3166

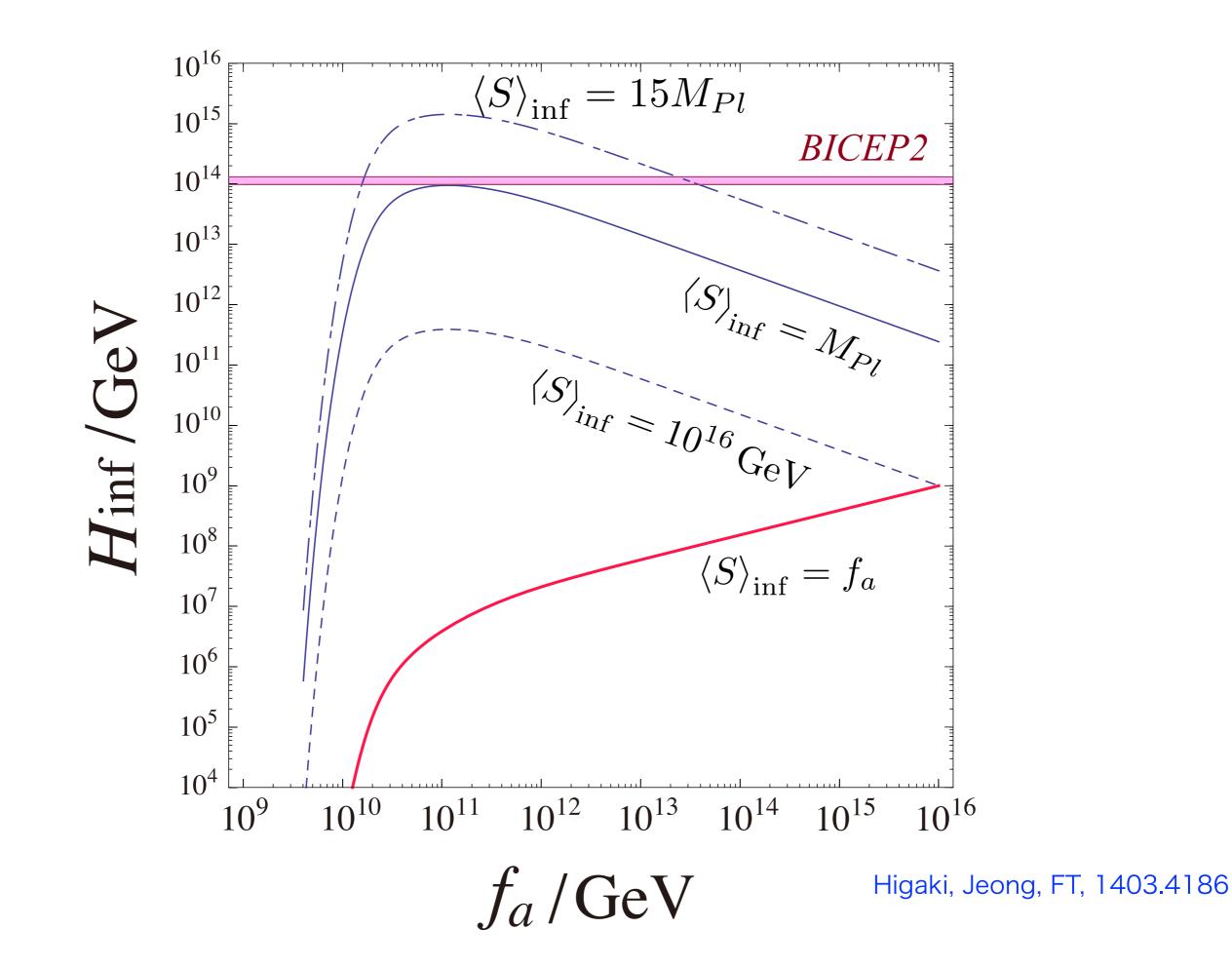


# Solutions

- Restoration of Peccei-Quinn symmetry during inflation.
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Hiramatsu, Kawasaki, Saikawa and Sekiguchi, 1202.5851,1207.3166

 Super-Planckian saxion field value during inflation. (Saxion could be the inflaton)



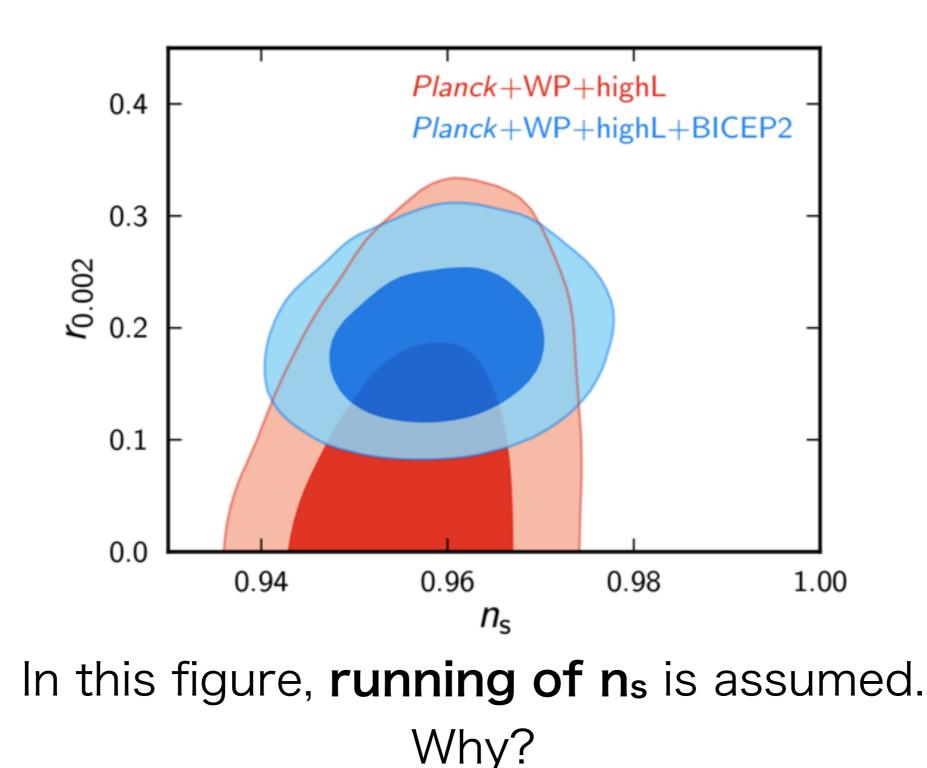
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Hiramatsu, Kawasaki, Saikawa and Sekiguchi, 1202.5851,1207.3166

- Super-Planckian saxion field value during inflation. (Saxion could be the inflaton)
   Heavy axions during inflation. m<sup>2</sup><sub>a</sub> ≥ H<sup>2</sup><sub>inf</sub>
  - Stronger QCD during inflation Jeong, FT 1304.8131
  - · Enhanced explicit PQ breaking Higaki, Jeong, FT, 1403.4186

## Implications for cosmology



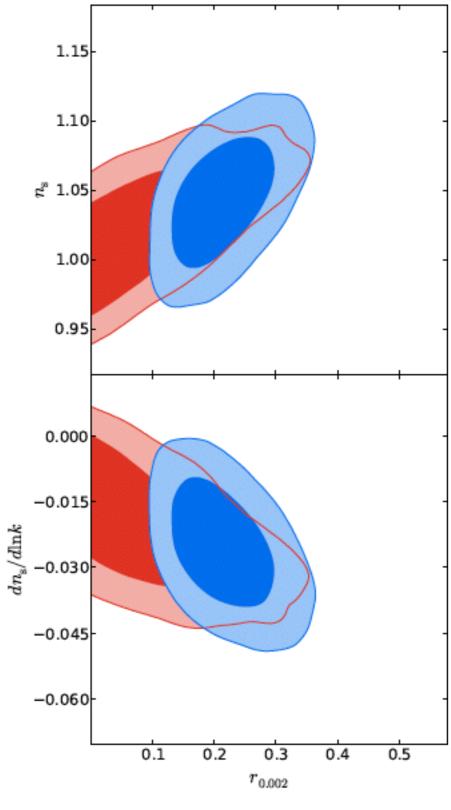
Because there is a tension, otherwise.

## **Running spectral index**

If the spectral index depends on scales, the tension can be relaxed. But it is difficult to generate a large running.

Spectral index
$$n_s - 1 = \frac{d \ln P_{\zeta}}{d \ln k} \simeq 2\eta - 6\epsilon$$
Running of  
spectral index $\frac{dn_s}{d \ln k} = -24\epsilon^2 + 16\epsilon\eta - 2\xi$ 

$$\epsilon \equiv \frac{M_p^2}{2} \left(\frac{V'}{V}\right)^2, \ \eta \equiv M_p^2 \frac{V''}{V}, \ \xi \equiv M_p^4 \frac{V'V'''}{V^2}.$$



 $n_s \sim 1$  $rac{dn_s}{d\ln k} = -0.02 \sim -0.03$ 

are needed to reconcile the tension.

But, then inflation ends soon and in general  $N_{\rm e}$  < 30.

Easther and Peiris, astro-ph/0604214

(a constant running is assumed)

Chen, Huang, Zhao, 1404.3467

## Large-field inflation with modulations

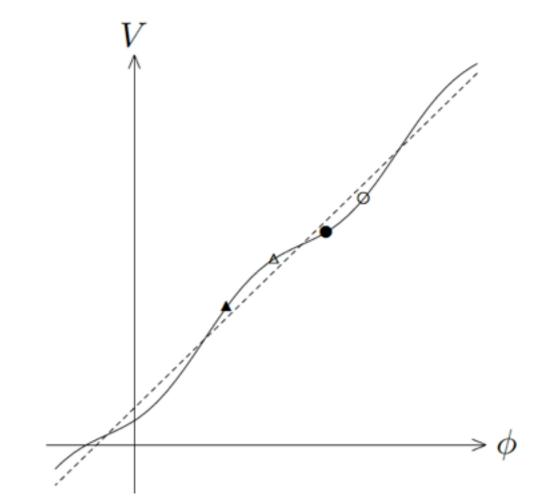
Let us add small modulations to the inflaton potential.

$$V(\phi) = V_0(\phi) + V_{mod}(\phi),$$

satisfying

$ V_0(\phi) $	$\gg$	$ V_{mod}(\phi) ,$
$ V_0'(\phi) $	>	$ V'_{mod}(\phi) .$
$ V_0''(\phi) $	$\lesssim$	$ V_{mod}''(\phi) ,$
$ V_0^{\prime\prime\prime}(\phi) $	$\ll$	$ V_{mod}^{\prime\prime\prime}(\phi) .$

Kobayashi, FT, 1011.3988 Czerny, Kobayashi, FT, 1403.4589

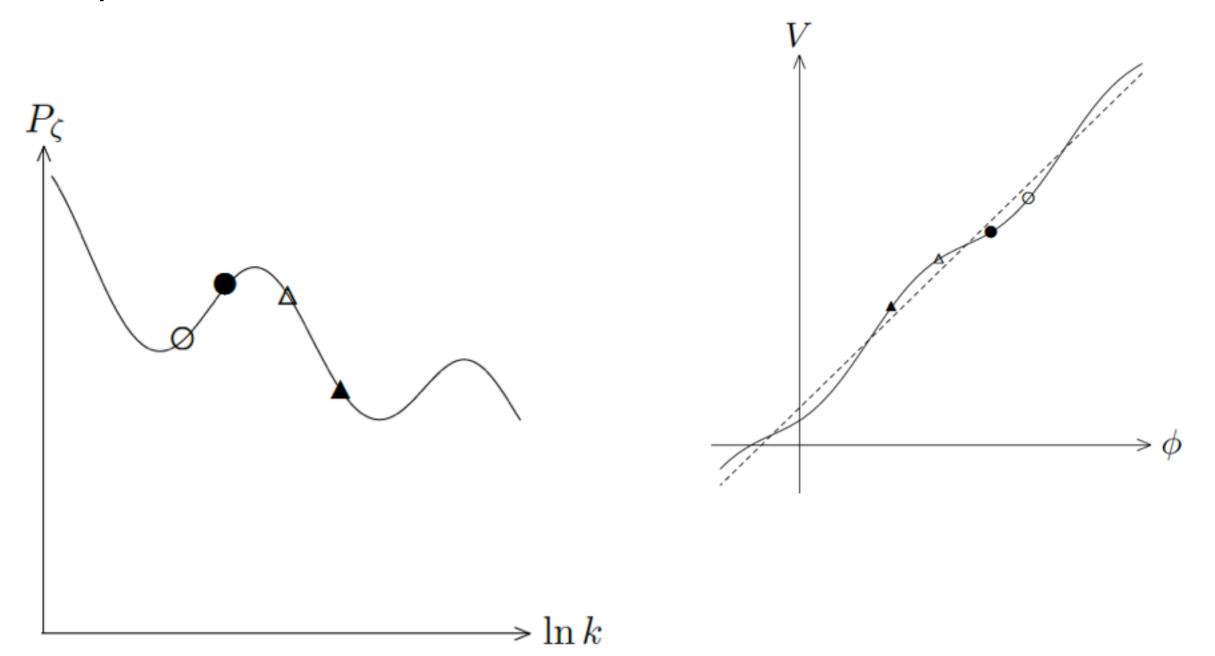


Then the spectral index and its running are significantly affected by modulations, while the inflaton dynamics and the normalization of density perturbations are hardly affected.

## Large-field inflation with modulations

Let us add small modulations to the inflaton potential.

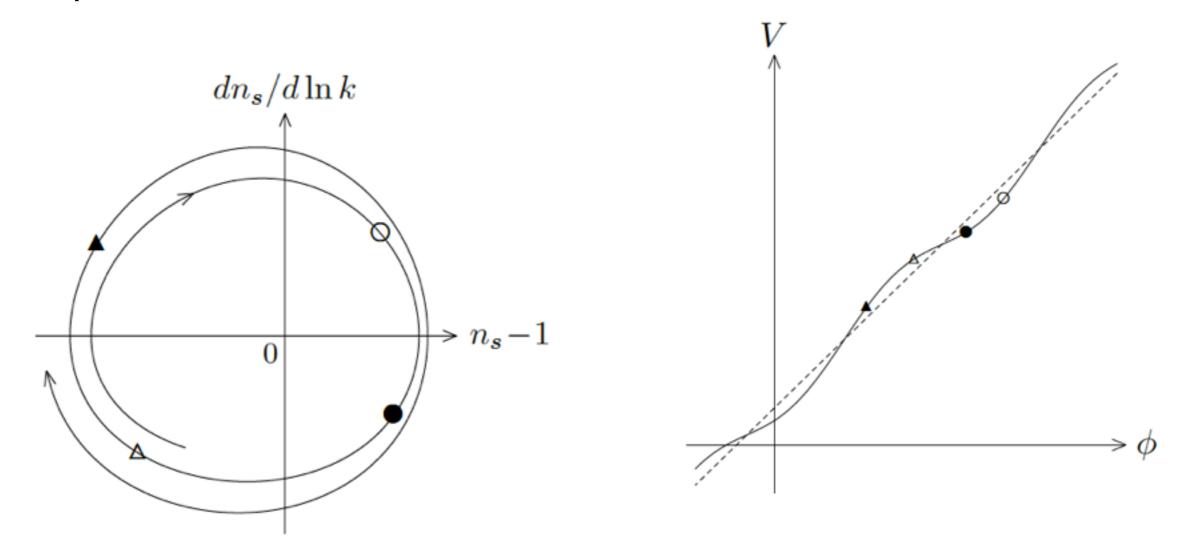
Kobayashi, FT, 1011.3988 Czerny, Kobayashi, FT, 1403.4589



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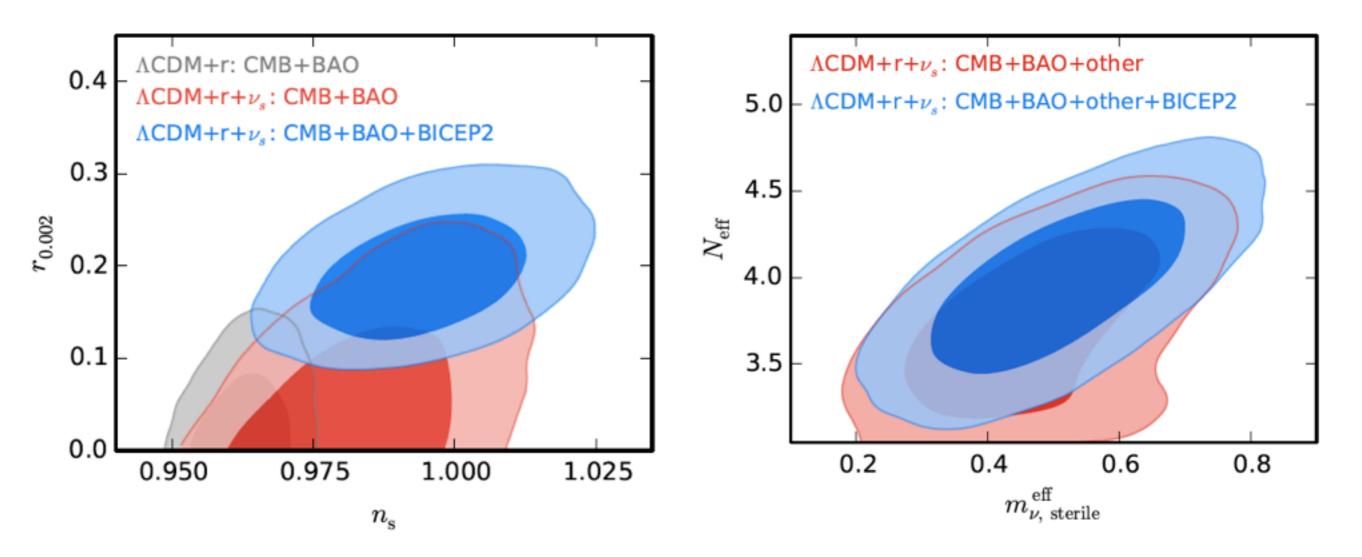


Such small modulations are built-in feature of the multi-natural inflation model.

### Sterile neutrinos/HDM/dark radiation

LambdaCDM + Sterile neutrino

$$m_{\nu_s} \sim 1 \,\mathrm{eV}, \quad N_{\mathrm{eff}} \sim 1$$



Zhang, Li, Zhang, 1403.7028

## Conclusions

- If true, the BICEP2 results have SIGNIFICANT impacts on particle physics and cosmology.
- · GUT-scale inflation with super-Planckian field values
  - What is the inflaton? How can we keep the potential form?
  - · Reheating, baryogenesis, dark matter.
  - $\cdot$  Too large isocurvature of QCD axion.
  - Symmetry restoration?
- Tension between BICEP2 and Planck.
  - Unusual features in the density perturbations?
  - · Dark radiation, hot dark matter, neutrino mass?
  - Initial condition for the inflation?
    - · False vacuum decay, fast roll, etc.